



BCB BULLETIN

September 2026

**2265 Harrodsburg Road, Suite 102 | Lexington, KY 40504 |
info@bcbky.org | 859-259-1834**

In addition to email, the BCB Bulletin is recorded and available for listening after the first of the month by calling 859-259-1834 and choosing extension 8; the abbreviated and updated BCB Calendar of Events is available at extension 9 after the 15th of the month. Recordings of other special notices are available by calling 859-259-1834 and choosing extension 7.

REMINDERS:

- September 7 is Labor Day and BCB offices will be closed.
- **September 9 is the BCB Quarterly Membership Meeting, remember to register by calling 859-259-1834.**
- September is National Guide Dog and Healthy Aging Month.
- September 22 is the First Day of Autumn.

Medicaid Matters - Share Your Story:

The Kentucky Independent Network, in partnership with the Kentucky Center for Economic Policy, is collecting stories from across Kentucky about the impact of Medicaid and Medicaid Waivers, and they would love your help. We are inviting people with disabilities, family members, caregivers, advocates, providers, and

others with Medicaid experience to share their stories. Personal stories can help policymakers and community leaders better understand how Medicaid affects the daily lives of Kentuckians. Whether your experience has been positive, challenging, or somewhere in between, your story can help show why Medicaid matters. You can share your story in whatever format works best for you—a few sentences, a longer story, a photo, a short video, or artwork. You are in control of how your story is shared, and anonymous submissions are welcome. Stories can be submitted to info@kysilc.org by **September 30, 2026**.

SEPTEMBER CALENDAR

BCB September Community Outing

Date: September 3

Time: 1 to 3 PM

Location: UK County Extension Office, 1140 Harry Sykes Way, Lexington, **Meet first in Room A**

Event: Assistive Technology in the Kitchen

Join Sam Seavey, BCB Assistive Technology Program Manager, and Susan Ament, BCB Peer Support Program Manager, in the Extension Office Kitchen for a demo of the Tovala smart oven to cook some chicken slices. While the chicken cooks, we will prepare a salad using fresh vegetables using safe chopping techniques and a high contrast cutting board. We will sample the results and offer participants either a knife or cutting board as a free take-home gift. We have room for 12 participants to work in teams of two. Register by calling the office at 859-259-1834. Wheels passes available for those using Wheels to attend.

BCB September Food Distribution Dates:

BCB “Drop In” Mobile Market

Date: Tuesday, September 8, from 12 Noon to 1:30 PM

Location: BCB Parking Lot at Mobile Market Trailer

This Mobile Market stop is for individuals who are blind or have low vision and can shop independently or bring their own assistant. No volunteer assistance will be available. Participants must also provide their own transportation, as Wheels is not a good fit for this stop. We ask those who do not meet these criteria please register for our other Mobile Market day that will take place Wednesday, September 16. Call the office by noon the Monday prior at 859-259-1834 to reserve your place for either day.

BCB Assisted Mobile Market on Wednesday, September 16, from 12 Noon to 1:30 PM; volunteers are available to assist with shopping. Bring a sack lunch for social hour, and shopping at the Mobile Market! Call the office by noon the Monday prior at 859-259-1834 to reserve your place! Wheels passes are available for those using Wheels to attend.

BCB Home Delivery on Thursday, September 17, from 3 to 6 PM; Delivery of grocery items is available (based on availability of drivers) for those who are blind or have low vision and reside in Fayette County. Call the office by noon the Monday prior at 859-259-1834 to reserve your place.

BCB Annual Membership Meeting

Date: Wednesday, September 9

Time: 12 Noon to 2 PM

Location: BCB Community Room, Suite 103.

Agenda: This is BCB's Annual Membership Meeting with Elections. Following a welcome, we will recite the Pledge of Allegiance and have a moment of silence to start the meeting. We will pass the microphone and everyone will introduce themselves. The meeting will proceed with approval of minutes and a Treasurer's Report, followed by elections and a report from our Executive Director, Theresa Thomas. There will be door prizes! Our theme is red, white and blue as it is so close to Labor Day so feel free to dress accordingly.

Remember to register by Thursday, September 3, by calling the office at 859-259-1834, or email info@bcbky.org no later than noon on Monday September 7, since it's a holiday, in order for us to reserve a lunch. Lunch will be chicken tenders, mashed potatoes and green beans with cornbread from Critchfield's.

Wheels passes are available for those using Wheels to attend.

BCB Assistive Technology September Seminar

Date: Tuesday, September 15

Time: 1 to 2 PM

Location: BCB Office and Zoom

Topic: "Echo Vision Smart glasses"

Curious about EchoVision smart glasses? We'll explore how these AI-powered glasses can help people who are blind or have low vision with everyday tasks, navigation, reading, and more. Come

see a live demonstration, ask questions, and find out if EchoVision might be a good fit for you or someone you know! Register by calling 859-259-1834.

BCB September Evening Mentoring Group

Date: Thursday, September 17

Time: 7:30 to 8:30 PM

Location: Zoom Meeting

Register by contacting the office at info@bcbky.org, or by calling 859-259-1834.

BCB September Lunch & Learn

Date: Wednesday, September 23

Time: 12 Noon to 2 PM

Location: BCB Community Room, Suite 103

Speaker: Justin Aulds will be back to present the changes in Medicare for the upcoming year, along with information on Medicaid and dual plans. Justin is with Trucordia, formerly Kentucky Health Solutions, and will talk about Medicare Advantage plans as well as Original Medicare. He will be able to answer general questions pertaining to changes that we can expect from Medicare and Medicaid insurance for 2027.

Be sure to register no later than 12 Noon on Monday September 21 by calling the office at 859-259-1834. Wheels passes available for those using Wheels to attend.

OCTOBER CALENDAR

Community Outing: BCB Presentation at the Beaumont Library by Sam Seavey

Date: Monday, October 5

Time: 2 to 4 PM

Location: Beaumont Library

3080 Fieldstone Way, Lexington

Topic: Reading Without Limits: Accessible reading for every level of vision

Don't let your vision hold you back from enjoying books. Discover new ways to enjoy reading, no matter your level of vision. In this presentation Sam will explore accessible reading options for people who are blind or have low vision, including large print, magnification, audiobooks, accessible apps, and smart glasses that can read printed text aloud. Sam will also share helpful resources from the Bluegrass Council of the Blind and from his YouTube channel, the Blind Life.

The Kentucky Talking Book Library staff will be on hand to share information about their services.

Wheels passes will be available for anyone using Wheels to attend. Register with BCB by calling 859-259-1834.

BCB October Food Distribution Dates:

BCB “Drop In” Mobile Market

Date: Tuesday, October 13, from 12 Noon to 1:30 PM

Location: BCB Parking Lot at Mobile Market Trailer

This Mobile Market stop is for individuals who are blind or have low vision and can shop independently or bring their own assistant. No volunteer assistance will be available. Participants must also provide their own transportation, as Wheels is not a good fit for this stop. We ask those who do not meet these criteria please register for our other Mobile Market day that will take place Wednesday, October 21. Call the office by noon the Monday prior at 859-259-1834 to reserve your place for either day.

BCB Assisted Mobile Market on Wednesday, October 21, from 12 Noon to 1:30 PM; volunteers are available to assist with shopping. Bring a sack lunch for social hour, and shopping at the Mobile Market! Call the office by noon the Monday prior at 859-259-1834 to reserve your place! Wheels passes are available for those using Wheels to attend.

BCB Home Delivery on Thursday, October 22, from 3 to 6 PM; Delivery of grocery items is available (based on availability of drivers) for those who are blind or have low vision and reside in Fayette County. Call the office by noon the Monday prior at 859-259-1834 to reserve your place.

BCB Afternoon Mentoring

Date: Wednesday, October 14

Time: 1 to 2 PM

Location: BCB Community Room, Suite 103.

Register by contacting the office at info@bcbky.org, or by calling 859-259-1834. Wheels passes are available for those using Wheels to attend.

BCB Assistive Technology October Seminar

Date: Thursday, October 15

Time: 1 to 2 PM

Location: BCB Office and Zoom

Topic: "Smart Glasses Showdown: Meta Ray-Ban vs. EchoVision"

Join us for our October AT Group Seminar as we compare the Meta Ray-Ban and EchoVision Smart Glasses. We'll explore their accessibility, AI features, and everyday usefulness for people who are blind or visually impaired. Come see both options in action and discover which smart glasses might be right for you! Register by calling 859-259-1834.

BCB October Evening Mentoring Group

Date: Thursday, October 15

Time: 7:30 to 8:30 PM

Location: Zoom Meeting.

Register by contacting the office at info@bcbky.org, or by calling 859-259-1834.

BCB October Lunch & Learn

Date: Wednesday, October 28

Time: 12 noon to 2 PM

Location: BCB Community Room, Suite 103

Menu: TBD

Speaker: Kristina Stambaugh, Director, Aging and Disability Services

Kristy will be here to provide us with an update on the opening of the new Senior and Therapeutic Recreation Center in Shilito Park. Plans are for city staff members from the Division of Aging and Disability Services to supervise programming for Seniors at the center, and staff members with the Division of Parks and Recreation will supervise programming for participants in Therapeutic Recreation. Come and learn the latest information on this new accessible Center which is set to be opening soon!

Be sure to register no later than noon on Monday, October 26, by calling the office at 859-259-1834. Wheels passes available for those using Wheels to attend.

Brighten Your Day:

- Why did the scarecrow win an award? Because he was outstanding in his field.
- What is an astronaut's favorite key on a keyboard? The space bar.
- Why shouldn't you write with a broken pencil? Because it's pointless.



Your trust means everything to us!

We are proud to hold Candid's Platinum Seal of Transparency, a reflection of our commitment to openness, accountability, and using every dollar you give wisely and responsibly. If you would like to help support the BCB Bulletin and the vital services provided by the Bluegrass Council of the Blind, please consider making a secure online donation today [click through to our Web site here](#). Thank you!