



BCB BULLETIN

OCTOBER 2025

**2265 Harrodsburg Road, Suite 102 | Lexington, KY 40504
| info@bcbky.org | 859-259-1834**

In addition to email, the BCB Bulletin is recorded and available for listening after the first of the month by calling 859-259-1834 and choosing extension 8; the abbreviated and updated BCB Calendar of Events is available at extension 9 after the 15th of the month.

UPDATES

BCB Lifetime Memberships Are Now Available!

Following a unanimous vote at our annual membership and business meeting, BCB will now offer a LIFETIME membership option for \$100, which includes annual dues for both BCB and the American Council of the Blind (ACB) each year. Annual memberships are still available for \$10 as well! Please call the office at 859-259-1834 or email Susan Ament at susana@bcbky.org to sign up for either option.

Deadline Extended: UK Community Needs Assessment

We learned from the UK College of Social Work that the original community needs assessment survey link may be inaccessible to some, particularly those using a screen reader. They updated the

survey to make it inclusive for all and you can access the updated survey by clicking [HERE](#), or following their link directly:

https://uky.az1.qualtrics.com/jfe/form/SV_bdvCNB09jeCjtEq

The UK College of Social Work invites you to participate in an important survey about the resources and services available to older adults in our community. Your feedback will help us better understand:

- What aging-related services you currently receive
- What resources are still needed
- How we can improve support

The survey takes approximately 10-15 minutes to complete, and your responses will be kept confidential. Your insights are incredibly valuable and will directly inform how aging services are planned and delivered in the future

Software Applications Accessibility update from ACB

We now have a campaign link to tell Congress to pass the Websites and Software Applications Accessibility Act. We were all excited when Congress reintroduced H.R.3417. Lets now use our voices to tell Congress to pass the bill. Please use this [LINK](#) or the full link below to reach out to our representatives.

<https://speak4.app/lp/0801fs6x/?ts=1758572774>

OCTOBER CALENDAR

BCB October Afternoon Mentoring Group

Date: Wednesday, October 8, 2025

Time: 1-2 p.m.

Location: BCB Headquarters (2265 Harrodsburg Rd, Suite 103, Lexington)

Please contact Susan Ament at susana@bcbky.org or by calling 859-259-1834 to participate.

BCB October Community Outing

Date: Friday, October 10, 2025

Time: Leave at noon and return by 4 PM

Place: Meet at Noon in the BCB Community Room for travel to Frankfort

Destination: Kentucky Department of Libraries and Archives: 300 Coffee Tree Rd., Frankfort, KY 40601

What to expect: You're invited to attend KTBL's Open House on Friday, October 10. BCB has arranged group transportation by a 13-passenger van to leave our parking lot at noon, attend the event from 1 until 3, and return by 4 PM. You will be able to tour the library and recording studio, meet staff and volunteer narrators, get help with your BARD account, update your book preferences, and explore the new DA2 player. Community partners that include NFB Newslines, Tri-State Library Users, the VA, and OVR Blind Services will also be on hand. Plus, enjoy accessible tabletop games like Braille Legos, Connect 4, and checkers!

Please let Susan, Peer Support Program Manager, know if you'd like to go with our group, susana@bcbky.org or call, 859-259-1834. At this time all spots on the van are filled. If you have reserved a spot and are unable to attend, please let us know so that others may use your spot. Those using Wheels to arrive or leave from BCB will be reimbursed with passes.

October Food Distribution Dates:

"Drop In" Mobile Market

Date: Tuesday, October 14, 2025

Time: 12-1:30 p.m.

Location: BCB Parking Lot at Mobile Market Trailer

This stop of the Mobile Market is for those who can shop independently or can bring someone to assist them and have their own transportation. No volunteer assistance will be available. All others, please register for our regular Mobile Market day that will take place Wednesday, October 15. Call the office at 859-259-1834

to reserve your place for either day. Thanks to funding provided through a grant through CHI/CommonSpirit, a small shopping stipend is available through February, 2026.

In-Person with the Mobile Market Wednesday, October 15, 2025, from 12-1:30pm; volunteers available to assist with shopping. Bring a sack lunch for social hour and shopping at the Mobile Market! Thanks to funding provided through a grant through CHI/CommonSpirit, a small shopping stipend is available through February, 2026.

Home Delivery on Thursday, October 16, 2025, from 3-6 PM. Delivery of grocery items is available (based on availability of drivers) for those who reside in Fayette County. Thanks to CHI/CommonSpirit for their partnership in this program!

October BCB Assistive Technology Group Seminar

****Please note DATE CHANGE****

Date: Thursday, October 16, 2025

Time: 1 PM to 2 PM

Location: BCB Office and Zoom

Topic: "Make Your Phone or Tablet Easier to See: Low Vision Tools for iOS & Android"

Discover how to make your smartphone or tablet work better for low vision. In this hands-on seminar, we'll explore built-in accessibility features like magnification, high-contrast modes, large text and voice feedback on both Apple and Android devices. Learn how to customize your phone for easier reading, navigation, and everyday use. Join us and take control!

BCB October Evening Mentoring Group

Date: Thursday, October 16, 2025

Time: 7:30-8:30 p.m.

Location: Zoom Meeting

Please contact Susan Ament at susana@bcbky.org or by calling 859-259-1834 to participate.

BCB October Lunch & Learn

Date: Wednesday, October 22, 2025

Time: Noon until 2 (1-2 by Zoom)

Place: BCB Community Room

Speaker and Topic: Carrie Lewis, Assistant Director, Kentucky Fair Housing. Carrie will cover the Fair Housing Act and Section 504 of the Rehabilitation Act, focusing on how they protect people with visual disabilities in federally funded housing. This will explain what qualifies as a disability, define reasonable accommodation such as providing documents in accessible formats or allowing service animals—and outline the obligations of housing providers receiving federal funds. She will also walk through how tenants can request accommodation, what providers must do in response, and common violations to watch for. Real-world examples and tips for both tenants and providers will help illustrate the importance of creating inclusive, accessible housing.

Register to attend by noon on Monday, October 20. Wheels passes are available for those using Wheels to attend.

NOVEMBER CALENDAR

Please note that there will be no Community Outing in November, but will resume in December. There will be no Lunch and Learn for November or December due to the holidays.

BCB Communications and Relationship Building Quarterly Workshop

Date: Wednesday, November 5, 2025

Time: 1:30 to 3 PM

Topic: Building stronger connections starts with better conversations, and that's exactly what our next quarterly workshop is all about! In our first two sessions, participants learned sighted guide techniques and stepped into the shoes of someone with vision loss through hands-on simulation activities. Now, we're taking the next step: opening up an honest, practical, and empowering dialogue about how to talk about vision loss with confidence and respect.

- What's okay to ask?
- How can you better understand someone's personal journey with sight impairment?
- How do we break through awkward moments and turn them into opportunities for real connection?

Whether you are visually impaired, a family member, friend, caregiver or a professional, this workshop will give you tools and the confidence to create stronger, more inclusive relationships. Don't miss this chance to join the conversation, ask questions, and walk away with a deeper understanding of how to support (and be supported!) in everyday life.

Please register by emailing Susan at susana@bcbky.org or calling the office at 859-259-1834.

Wheels passes are available for those using Wheels to attend.

BCB Assistive Technology Seminar

Date: Thursday, November 13, 2025

Time: 1 to 2 PM

Topic: To be determined

November Food Distribution Dates:

"Drop In" Mobile Market

Date: Tuesday, November 11, 2025

Time: 12-1:30 p.m.

Location: BCB Parking Lot at Mobile Market Trailer

This stop of the Mobile Market is for those who can shop independently or can bring someone to assist them and have their own transportation. No volunteer assistance will be available. All others, please register for our regular Mobile Market day that will take place Wednesday, October 15. Call the office at 859-259-1834 to reserve your place for either day. Thanks to funding provided through a grant through CHI/CommonSpirit, a small shopping stipend is available through February, 2026.

In-Person with the Mobile Market Wednesday, November 19, 2025, from 12-1:30pm; volunteers available to assist with shopping. Bring a sack lunch for social hour and shopping at the Mobile Market! Thanks to funding provided through a grant through CHI/CommonSpirit, a small shopping stipend is available through February, 2026.

Home Delivery on Thursday, November 20, 2025, from 3-6 PM. Delivery of grocery items is available (based on availability of drivers) for those who reside in Fayette County. Thanks to CHI/CommonSpirit for their partnership in this program!

SAVE THE DATE

Ring in the season with friends, food, and festive fun at the BCB Holiday Luncheon and our final Quarterly Membership Meeting of 2025! Join us at the County Extension Office on Wednesday, December 10, from 12–2 PM for an afternoon filled with holiday cheer, community connection, and plenty of laughter.

It's a bit too early for registrations, but be sure to mark your calendar. You won't want to miss this joyful gathering to wrap up an amazing year together!

Thinking about becoming a member? There's never been a better time! Annual dues are just \$10, and if you join anytime between October and December, you'll be covered for all of 2026 too. Sponsorships are also available if cost is a barrier...we'd love to have you with us!