




June 2023

2265 Harrodsburg Road, Suite 102 | Lexington, KY 40504
info@bcbky.org | 859-259-1834

Highlights

Ticket sales are open for the FINAL BCB SEE Cruise! Don't miss our last voyage!



 **2023 SEE Cruise**
June 25, 2023 | 4-8 PM | O'Neill's


The SEE Cruise – BCB's annual cruise-themed FUNd-raising event – will be embarking on June 25 from 4-8 PM at O'Neill's on Richmond Road in Lexington. There will be music and dancing, courtesy of popular local band CONCH REPUBLIC, and plenty of raffle prizes to vie for. Please plan to join us one last time for what has become a favorite event full of fun camaraderie and support of this organization, our members and clients. (After our last cruise, we'll be moving on to another exciting fundraising event! Watch this space for more details!) Tickets are \$20 in advance; \$25 at the door. Visit <https://BCBSEECruise2023.eventbrite.com> to buy yours!

You're invited

**BLUEGRASS COUNCIL
OF THE BLIND
OPEN HOUSE**

MONDAY | JULY 31, 2023 | 2 TO 6 PM

2265 HARRODSBURG ROAD, STE 102, LEXINGTON, KY 40504



We're Having an Open House!

You're invited to drop by our new headquarters for a quick tour of our new offices, refreshments and an opportunity to say hello to our staff! You can stop in any time between 2 PM and 6 PM, Monday, July 31, 2023, at 2265 Harrodsburg Road, Ste. 102. If you will be using Wheels, a good time to schedule might be a 1:30 to 2 PM pickup and a 3 to 3:30 PM return. Unfortunately, Wheels passes cannot be reimbursed, as this does not fall under client services. RSVPs are not required, but if you know you're going to attend, please call the office at 859-259-1834 or email info@bcbky.org to let us know, so we can plan accordingly.

BCB Office Closed for 4th of July Holiday

Please note: We will be closed for the 4th of July holiday, so the Community Outing in July has been moved to Tuesday, July 11.

Calendar

June 2023

Lexington Lions Club Bluegrass Fair

Date: June 8-18, 2023

Location: Masterson Station Park

Proceeds from the fair benefit local nonprofits, like the Bluegrass Council of the Blind!

June BCB Mentoring Small Group

We offer two dates for the mentoring small groups: an in-person afternoon meeting and an evening virtual meeting.

Evening Mentoring

Date: Thursday, June 15, 2023

Time: 7:30 PM to 8:30 PM EST

Location: Zoom meeting

To participate, contact Susan Ament at susana@bcbky.org or 859-259-1834 for access information.

BCB's Last SEE Cruise Voyage!

Date: Sunday, June 25, 2023

Time: 4 PM until 8 PM

Location: O'Neill's, 2051 Richmond Road in Lexington

The last SEE Cruise – BCB's annual cruise-themed fundraising event – will be embarking on June 25, from 4-8 PM at O'Neill's on Richmond Road in Lexington. There will be music (courtesy of popular local beach music band CONCH REPUBLIC), dancing and fun raffle items to vie for! Please plan to join us one last time for what has become a favorite event full of fun camaraderie and support of this organization, our members and clients. After our last cruise, we'll be moving on to another exciting fundraising event!

SEE Cruise Tickets are \$20 in advance; \$25 at the door.

Visit <https://BCBSEECruise2023.eventbrite.com> to buy yours!

June BCB Lunch & Learn

Date: Wednesday, June 28, 2023

Time: Noon until 2 PM (1-2 by Zoom)

Location: 2265 Harrodsburg Rd, Suite 103

Speaker: Emily Elliott, Community Relations Manager of Lextran

Emily will talk about accessing the public bus and assistance available for finding your route, including using the bus stop at our new location. She will also update us on the latest concerning the operation of Wheels paratransit. Additionally, she will provide a recap of the Transit Planning 4 All Virtual Town Hall that was held May 9 to identify unmet needs and barriers to transportation for people with disabilities and older adults. We welcome Emily back to our group on topics concerning so many of us in our community. If you've registered for food distribution and you attend the meeting you can pick up your groceries after the meeting.

On the menu: boxed lunches of a sandwich, chips, a cookie and fruit

Registration: Please register by noon Monday, June 26, by calling the office at 859-259-1834 or emailing info@bcbky.org. Remember, you can use a landline telephone as well as a cell phone, computer or tablet to access a Zoom meeting. Carrier rates may apply. Let us know if you will need Wheels passes for attending in person.

June BCB Food Distribution Home Delivery

Date: Thursday, June 29, 2023

Time: Between 3 PM and 6 PM EST

If you cannot pick up your food distribution at the monthly Lunch & Learn meeting and live in Fayette County, we can deliver your food distribution to your home.

Registration: To register for food delivery, call 859-259-1834 and press 1 to leave your name, street address and phone number, and state that you would like food delivered. If you are unsure of your availability, please only call when you are certain of your arrangements to avoid confusion. If you have questions, please call the BCB office during normal office hours and press zero to talk with a staff member. If you need to make last-minute changes, it is most helpful if you can talk directly with a staff person, so that your message does not get missed. Thank you.

July 2023

July BCB SAFE Space group for spouses and family members of people with low to no vision

Date: Thursday, July 6, 2023

Time: 7:30 PM to 8:30 PM

Location: Zoom

Our SAFE Space group is open to spouses, significant others, roommates, parents, children or any other individuals who may be living with or concerned about assisting a person with a vision impairment. SAFE Space meetings are confidential and everyone in attendance is required to sign a confidentiality agreement prior to participation and expected to be respectful of others. This is strictly a peer support group and any advice, recommendations or information shared are not necessarily the opinions of the Bluegrass Council of the Blind and are not to be intended as professional advice or counseling. The SAFE Space group will be co-hosted by Dr. Susan Ament, BCB's Peer Support Program Manager, and Julie Jones, M.A., spouse of Michael Jones.

Registration: Please contact Susan at susana@bcbky.org or 859-259-1834, ext. 6, to register or if you would like more information about participating.

July BCB Community Outing - Cooking It up with Low to no Vision

Date: Tuesday, July 11, 2023

Time: 1 PM to 2:30 PM

Location: Fayette County Extension Office, Room A, 1140 Harry Sykes Way, Lexington

Please join us for this monthly series of free classes on healthy cooking and food preparation that will be accessible for people with low to no vision. Participants are encouraged to attend all seven sessions or as many as possible. We will prepare the food in class and there will be small portions to sample. Participants will also receive small giveaways after each class. Participants will need to provide their own transportation to and from the extension office; if using Wheels, BCB will reimburse your passes.

Registration: Call BCB to register at 859-259-1834 and if you have questions you can contact Susan at extension 6 or email at susana@bcbky.org.

July BCB Assistive Technology Group Seminar

Date/Times: Thursday, July 13, 2023

Time: 1 PM to 2 PM

Location: TBA

Topic: Highlights from the ACB Conference!

This month, Sam will be attending the ACB Conference and for this AT seminar he will be reporting back on all the new technology and other cool things he discovered there!

Registration: Call the office at 859-259-1834 or email info@bcky.org to register. Remember, you can use a landline telephone, cell phone, computer or tablet to access the meeting via Zoom. Carrier rates may apply.

July BCB Mentoring Small Group

We offer two dates for the mentoring small groups: an in-person afternoon meeting and an evening virtual meeting.

Afternoon Mentoring

Date: Wednesday, July 12, 2023

Time: 1 PM to 2 PM EST

Location: New BCB Headquarters (2265 Harrodsburg Rd, Suite 102, Lexington)

To participate, contact Susan Ament at susana@bcbky.org or 859-259-1834.

Evening Mentoring

Date: Thursday, July 20, 2023

Time: 7:30 PM to 8:30 PM EST

Location: Zoom meeting

To participate, contact Susan Ament at susana@bcbky.org or 859-259-1834 for access information.

July BCB Lunch & Learn

Date: July 26, 2023

Time: Noon until 2 PM (1-2 by Zoom)

Location: 2265 Harrodsburg Rd. Suite 103, Lexington

Speakers: Leader Dogs for the Blind's Leslie Hoskins, COMS, Outreach Services and Community Engagement Manager and Alyssa Otis, GDMI, Outreach Specialist and BCB's Executive Director Theresa Thomas, Leslie and Alyssa will talk to us virtually about their various programs with a focus on the expansion of their free Orientation and Mobility training. This O&M training can even be scheduled to take place in your hometown and help you navigate streets and sidewalks so you can more easily get to where you want to go. Theresa will then speak on her experience of being matched with and receiving a leader dog from this school, and she will demonstrate some of the training techniques and commands with the help of Risa, her beautiful golden retriever leader dog. If you've registered for food distribution and you attend the meeting you can pick up your groceries after the meeting.

Registration: Please register by noon Monday, July 24, by calling the office at 859-259-1834 or emailing info@bcbky.org. Remember, you can use a landline telephone as well as a cell phone, computer or tablet to access a Zoom meeting. Carrier rates may apply. Let us know if you will need Wheels passes for attending in person.

July BCB Food Distribution Home Delivery

Date: Thursday, July 27, 2023

Time: Between 3 PM and 6 PM EST

If you cannot pick up your food distribution at the monthly Lunch & Learn meeting and live in Fayette County, we can deliver your food distribution to your home.

Registration: To register for food delivery, call 859-259-1834 and press 1 to leave your name, street address and phone number, and state that you would like food delivered. If you are unsure of your availability, please only call when you are certain of your arrangements to avoid confusion. If you have questions, please call the BCB office during normal office hours and press zero to talk with a staff member. If you need to make last-minute changes, it is most helpful if you can talk directly with a staff person, so that your message does not get missed. Thank you.

BCB New Headquarters Open House

Date: Monday, July 31, 2023

Time: 2 PM to 6 PM

Location: 2265 Harrodsburg Road, Ste. 102, Lexington, KY 40504

Please stop by to say hi at BCB's New Headquarters Open House! You can stop in any time between 2 PM and 6 PM, Monday, July 31, 2023, at 2265 Harrodsburg Road, Ste. 102. If you will be using Wheels, a good time to schedule might be a 1:30 to 2 PM pickup and a 3 to 3:30 PM return. Unfortunately, Wheels passes cannot be reimbursed, as this does not fall under client services. RSVPs are not required, but if you know you're going to attend, please call the office at 859-259-1834 or email info@bcbky.org to let us know, so we can plan accordingly. We can't wait to show off the place!



If you would like to help support the BCB Bulletin and the vital services provided by the Bluegrass Council of the Blind, please consider clicking the Donate Now button to make a secure online donation today or [click through to our Web site here](#). Thank you!