



# November 2022

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## Highlights

### The Good Giving Challenge Starts Nov. 29!

From Tuesday, Nov. 29, through Friday, Dec. 2, BCB is participating in the Blue Grass Community Foundation's [GoodGiving Challenge](#), a week-long online giving extravaganza for the nonprofits of the Bluegrass Region. Please join the movement and help us reach our goal of raising \$7,000 for BCB!

How can you get involved and help BCB? Just choose one of the following options!

1. Make a donation anytime between 9 AM Nov. 29 and 11:59 PM Dec. 2 at [www.bggives.org/BluegrassCounciloftheBlind](http://www.bggives.org/BluegrassCounciloftheBlind).
2. Follow us on [Facebook](#), [Twitter](#) and [Instagram](#) and share our Good Giving posts on your social media accounts. We need to get the

word out to as many people as possible and you can help us!

3. Create a Fundraiser. You can easily create your own social media fundraiser for BCB through the Good Giving Challenge Web site. Just [click here to go to the BCB Good Giving Profile](#), click the 'Fundraise' button and follow the prompts to create your own personal fundraiser. For example, under summary you might write:

“Join me in supporting Bluegrass Council of the Blind, the only nonprofit exclusively meeting the needs of adults who are blind or visually impaired in Central Kentucky. Your donation will help this organization continue providing services to those who are blind or visually impaired; their family members and caregivers; and professionals who work with those with low to no vision of all ages – and support a cause that is very close to my heart!”

You can set up a fundraiser anytime between now and the end of the Challenge, but the earlier the better!

4. Talk about BCB to your family and friends! Ask that they also share BCB's posts and consider donating, creating a fundraiser of their own and/or participate in yours.
5. Ask for or contribute matching funds. If you are part of an organization that provides matching funds (e.g., an employer), ask for matching funds for BCB during the Good Giving Challenge. You can add matching funds to your fundraiser by clicking the box next to “Match Fund Available” and keying in the amount you can match.
6. If you aren't online and want to contribute, simply mail in your donation and mark the envelope GGC (for Good Giving Challenge). Our mailing address is: Bluegrass Council of the Blind, 1093 S. Broadway, Suite 1214, Lexington, KY 40504

Thank you for supporting the Bluegrass Council of the Blind!

# Calendar

## November 2022

### November BCB Mentoring Small Group

#### Evening Mentoring

**Date:** Thursday, Nov. 17, 2022

**Time:** 7:30 PM to 8:30 PM EST

**Location:** Zoom meeting

**To participate,** contact Susan Ament at [susana@bcbky.org](mailto:susana@bcbky.org) or 859-259-1834 for access information.

### Good Giving Challenge

**Date:** Nov. 29-Dec. 2, 2021

Please visit [www.bggives.org/BluegrassCounciloftheBlind](http://www.bggives.org/BluegrassCounciloftheBlind) between Nov. 29 and Dec. 2 to donate or you can head to that site early and set up your own fundraiser, which will go live once the Challenge begins. And please tell your friends and family! This is an important fundraiser for our organization and we need all the help we can get to put our message out there!

## December 2022

### December BCB SAFE Space group for spouses and family members of people with low to no vision

**Date:** Thursday, Dec. 1, 2022

**Time:** 7:30 PM to 8:30 PM

**Location:** Zoom

Our SAFE Space group is open to spouses, significant others, roommates, parents, children or any other individuals who may be living with or concerned about assisting a person with a vision impairment. SAFE Space

meetings are confidential and everyone in attendance is required to sign a confidentiality agreement prior to participation and expected to be respectful of others. This is strictly a peer support group and any advice, recommendations or information shared are not necessarily the opinions of the Bluegrass Council of the Blind and are not to be intended as professional advice or counseling.

The SAFE Space group will be co-hosted by Dr. Susan Ament, BCB's Peer Support Program Manager, and Julie Jones.

**Registration:** Please contact Susan at [susana@bcbky.org](mailto:susana@bcbky.org) or 859-259-1834, ext. 6, to register or if you would like more information about participating.

### **BCB's Holiday Luncheon Quarterly Membership Meeting**

**Date:** Wednesday, December 7, 2022

**Time:** 12 Noon to 2 PM

**Location:** Centenary United Methodist Church, 2800 Tates Creek Road, Lexington, KY 40502

Please join us for our in-person Holiday Party and Membership Meeting! We will serve a holiday meal and have time for socializing with BCB members and friends. If you want anything other than lemonade, water or coffee to drink, you may bring your own. Although not required, you are encouraged to dress in holiday attire and there will be an "Ugly Sweater" contest with prizes. Door prizes too! We are hoping for an appearance by Santa and if so, there will be photo opportunities! Bring your smiles and good cheer!

Membership is \$10 and is required to attend; you can pay your membership fees ahead of time at [www.bcbky.org/donate](http://www.bcbky.org/donate) or at the door. Dues paid now will pay your membership through 2023. Each member can bring one guest.

**Registration:** Call the office at 859-259-1834 or email [info@bcbky.org](mailto:info@bcbky.org) if you are planning to attend. Early registration is encouraged and registration closes two days prior, so be sure to register by noon on December 5. Let us know if you will be using Wheels as passes will be reimbursed.

### **December BCB Assistive Technology Group Seminar**

**Date:** Thursday, Dec 8, 2022

**Time:** 1 PM to 2 PM

**Location:** Zoom Meeting

**Topic:** The Accessible Kitchen

During this holiday season, we need to focus on the important things in life, friends, family, and most important of all, FOOD! That's why in this month's AT group seminar, we are talking about all the helpful accessible kitchen gadgets that will make this a holiday season to remember!

**Registration:** Call the office at 859-259-1834 or email [info@bcbky.org](mailto:info@bcbky.org) to register. Remember, you can use a landline telephone as well as a cell phone, computer or tablet to access the meeting via Zoom. Carrier rates may apply.

### **December BCB Mentoring Small Group**

We offer two dates for the mentoring small groups: an in-person afternoon meeting and an evening virtual meeting.

#### **Afternoon Mentoring and Food Distribution**

**Date:** Wednesday, Dec 14, 2022

**Time:** 1 PM to 2 PM EST

**Location:** BCB Headquarters (1093 S. Broadway, Lexington, KY 40504)

**To participate,** contact Susan Ament at [susana@bcbky.org](mailto:susana@bcbky.org) or 859-259-1834.

#### **Evening Mentoring**

**Date:** Thursday, Dec. 15, 2022

**Time:** 7:30 PM to 8:30 PM EST

**Location:** Zoom meeting

**To participate,** contact Susan Ament at [susana@bcbky.org](mailto:susana@bcbky.org) or 859-259-1834 for access information.

### **December BCB Food Distribution**

**Date:** Wednesday, Dec 14, 2022

**Time:** 1 PM to 2 PM EST

**Location:** BCB Headquarters (1093 S. Broadway, Lexington, KY 40504)

If you are attending the afternoon mentoring, you can pick up your food distribution following the meeting. If you are not planning to attend the mentoring meeting, you can stop by the office between 1 PM and 2 PM to pick up your food.

## **December BCB Food Distribution Home Delivery**

**Date:** Thursday, Dec. 15, 2022

**Time:** Between 3 PM and 6 PM EST

If you cannot pick up your food distribution in the office on Wednesday and live in Fayette County, we can deliver it to your home. **Please register by Thursday, Dec. 8, to ensure we can get enough drivers for this service. Thank you!**

**Registration:** To register for food delivery, call 859-259-1834 and press 1 to leave your name, street address and phone number, and state that you would like food delivered. If you are unsure of your availability, please only call when you are certain of your arrangements to avoid confusion. If you have questions, please call the BCB office during normal office hours and press zero to talk with a staff member. If you need to make last-minute changes, it is most helpful if you can talk directly with a staff person, so that your message does not get missed. Thank you.



If you would like to help support the BCB Bulletin and the vital services provided by the Bluegrass Council of the Blind, please consider clicking the Donate Now button to make a secure online donation today or [click through to our Web site here](#). Thank you!