

August 2022

1093 South Broadway, Suite 1214 | Lexington, KY 40504 | info@bcbky.org | 859-259-1834

Highlights



Join Us for a Movie Tomorrow!

We will be showing the first two-thirds of the Disney movie "Atta Girl, Kelly!" tomorrow, Tuesday, August 16, from noon until two, here at BCB Headquarters (1093 S. Broadway, Ste. 1214, Lexington, KY). We will show the last portion on Sept. 6. This is a Disney movie about the raising, training and matching of a guide dog and was done in cooperation with the Seeing Eye Guide Dog Institute. We will provide popcorn and drinks and you are invited to bring your own

lunch, if you'd like. To let us know you'll be coming (so we have enough snacks!), please email susana@bcbky.org or call 859-259-1834.

BCB's Annual Business Meeting and Elections is September 21

BCB members only: Please join us for our Annual Business Meeting and Elections, Sept. 21, from noon to 3 PM here at BCB Headquarters. We will serve lunch and then open the meeting. Remarks and reports from the BCB board president and officers will be followed by elections of officers and voting on bylaw changes, if any. There will be door prize drawings throughout the afternoon to keep the energy lively and fun! The lunch will be Taziki's Signature pasta salad or optional chicken cabobs a-la-cart (which are gluten and dairy-free). When you register, please let us know your preference between the pasta salad and plain chicken cabobs. The salad has grilled chicken, penne pasta, tomatoes, lettuce and feta cheese with a balsamic dressing on the side.

Registration: Call the BCB office at 859-259-1834 or email us at <u>info@bcbky.org</u>. You may request Wheels passes if riding Wheels. **If, at** the time of the meeting, Fayette County is in the red zone in regard to COVID rates, please consider wearing a mask. Thank you!

Calendar

August 2022 Events

August BCB Mentoring Small Groups

We offer two dates for the mentoring small groups: an in-person afternoon meeting and an evening virtual meeting.

Evening Mentoring

Date: Thursday, August 18, 2022 Time: 7:30 PM to 8:30 PM EST Location: Zoom meeting

To participate, contact Susan Ament at <u>susana@bcbky.org</u> or 859-259-1834 for access information.

August BCB Community Outing

Date: Tuesday August 16, 2022 Time: 12 PM to 2 PM Location: BCB Community Room 1093 S Broadway Suite 1214 Lexington, KY

Program: We will listen and watch the first two parts of the movie Atta Girl Kelly! and plan to show part three in September. This is a Disney movie which first aired in 1967, was re-released in 2009 on DVD, and is about the raising, training and matching of a German Shepherd who becomes a dog guide for a man who is totally blind. The movie is filmed on location at The Seeing Eye guide dog training institute, one of the oldest dog guide schools in the country. It is a heartwarming movie suited for the whole family and we invite you to join us for this entertaining and informative showing. While it is not audio described, there is significant narration and dialog and we will do our best to verbally fill in anything else you might miss. This movie was recommended by Linda Stewart, one of our long time blind members who has had considerable experience with dog guides of her own. Drinks and popcorn provided; please feel free to bring your own lunch! Registration: Call the BCB office at 859-259-1834 or email susana@bcbky.org to register. If, at the time of the outing, Fayette County is in the red zone in regard to COVID rates, please consider wearing a mask. Thank you!

August BCB Lunch & Learn

Date: Wednesday, Aug. 24, 2022 Time: 12 PM to 2 PM (in person); 1 PM to 2 PM (via Zoom) Location: BCB Headquarters (1093 S. Broadway, Lexington, KY) Topic: Independent Living Services for help with low vision and blindness Speaker: Jenny Ward, Independent Living Counselor with the Kentucky Office of Vocational Rehabilitation, Division of Blind Services will be our featured speaker and will provide updates on the services offered. Jenny has a lot of experience serving people with low vision and blindness and we welcome her back to share ideas on ways to make life easier and increase independence especially in home management.

Registration: Please register by Monday, Aug. 22, if you are attending in person. Call the office at 859-259-1834 or email <u>info@bcbky.org</u> to register and let us know if you will be attending in person or need Zoom access information. Remember, you can use a landline telephone as well as a cell phone, computer or tablet to access a Zoom meeting. Carrier rates may apply. If you are attending in person let us know if you will need Wheels passes. If, at the time of the meeting, Fayette County is in the **red zone in regard to COVID rates, please consider wearing a mask. Thank you!**

August BCB Food Distribution Home Delivery

Date: Thursday, Aug. 25, 2022

Time: Between 3 PM and 6 PM EST

If you cannot attend the Lunch & Learn meeting and live in Fayette County, we can deliver your food distribution to your home the day after the monthly Lunch & Learn.

Registration: To register for food delivery, call 859-259-1834 and press 1 to leave your name, street address and phone number, and state that you would like food delivered. If you are unsure of your availability, please only call when you are certain of your arrangements to avoid confusion. If you have questions, please call the BCB office during normal office hours and press zero to talk with a staff member. If you do leave a message but then need to change your request, you must talk with a staff member to make the change. Changes will NOT be accepted through the voicemail system.

September 2022

September BCB SAFE Space group for spouses and family members of people with low to no vision

Date: Thursday, Sept. 1, 2022

Time: 7:30 PM to 8:30 PM

Location: Zoom

Our SAFE Space group is open to spouses, significant others, roommates, parents, children or any other individuals who may be living with or concerned about assisting a person with a vision impairment. SAFE Space meetings are confidential and everyone in attendance is required to sign a confidentiality agreement prior to participation and expected to be respectful of others. This is strictly a peer support group and any advice, recommendations or information shared are not necessarily the opinions of the Bluegrass Council of the Blind and are not to be intended as professional advice or counseling.

The SAFE Space group will be co-hosted by Dr. Susan Ament, BCB's Peer Support Program Manager, and Julie Jones.

Registration: Please contact Susan at <u>susana@bcbky.org</u> or 859-259-1834, ext. 6, to register or if you would like more information about participating.

September BCB Community Outing

Date: Tuesday, Sept. 6, 2022

Time: Noon to 2 PM

Location: BCB Community Room 1093 S Broadway Suite 1214 Lexington, KY

Program: We will be showing the third part of the movie Atta Girl, Kelly! where the dog is matched with her human partner and becomes his guide. This is a Disney movie which first aired in 1967, was re-released in 2009 on dvd, and it is about the raising, training and matching of a German Shepherd who becomes a dog guide for a man who is totally blind. The movie is filmed on location at the Seeing Eye, one of the oldest dog guide schools in the country. It is a heartwarming movie suited for the whole family and we invite you to join us for this entertaining and informative showing. While it is not audio described, there is significant narration and dialog and we will do our best to verbally fill in anything else you might miss. This movie was recommended by Linda Stewart, one of our long time blind members who has had considerable experience with dog guides of her own. Please feel free to bring your own lunch and we will provide drinks!

Registration: Call the BCB office at 859-259-1834 or email <u>susana@bcbky.org</u> to register. **If, at the time of the outing, Fayette County is in the red zone in regard to COVID rates, please consider wearing a mask. Thank you!**

September BCB Assistive Technology Group Seminar

Date: Thursday, Sept 8, 2022

Time: 1 PM to 2 PM

Location: BCB Headquarters (1093 S. Broadway, Ste 1214, Lexington, KY 40504)

Topic: Microsoft Office Accessibility

Over the last few years, Microsoft has focused heavily on improving the accessibility of its Office suite of products. In this month's AT group seminar, we will be joined by Matt Philipenko, a Microsoft 365 Apps Ranger, who will talk about and demonstrate some of Microsoft's latest accessibility features! So be sure to register and join us on Sept 8 at 1 PM!

Registration: Call the office at 859-259-1834 or email <u>info@bcbky.org</u> to register. Remember, if you can't join us in person, you can use a landline

telephone as well as a cell phone, computer or tablet to access the meeting via Zoom. Carrier rates may apply.

September BCB Mentoring Small Groups

We offer two dates for the mentoring small groups: an in-person afternoon meeting and an evening virtual meeting.

Afternoon Mentoring

Date: Wednesday, Sept. 14, 2022 Time: 1 PM to 2 PM EST Location: BCB Headquarters (1093 S. Broadway, Lexington, KY 40504) To participate, contact Susan Ament at <u>susana@bcbky.org</u> or 859-259-1834. If, at the time of the meeting, Fayette County is in the red zone in regard to COVID rates, please wear a mask. Thank you!

Evening Mentoring

Date: Thursday, Sept. 15, 2022 Time: 7:30 PM to 8:30 PM EST Location: Zoom meeting To participate, contact Susan Ament at <u>susana@bcbky.org</u> or 859-259-1834 for access information.

BCB's Annual Business Meeting and Elections (Save the Date!)

Date: Wednesday, September 21, 2022

Time: 12 PM to 3 PM

Location: BCB Community Room, 1093 South Broadway, Lexington, KY **Program**: This meeting is our Annual Business Meeting with Elections. It is for BCB members only. We will serve lunch and then open the meeting for business. We will begin with a roll call, pledge of allegiance, and moment of silence. The President, and other officers will give reports. This will be followed by elections of officers and voting on bylaws changes, if any. Of course we will have door prizes during the pauses to keep the energy lively and fun. On the menu: Taziki's Signature pasta salad or optional chicken cabobs a-la-cart (which are gluten and dairy-free). When you register, please let us know your preference between the pasta salad and plain chicken cabobs. The salad has grilled chicken, penne pasta, tomatoes, lettuce and feta cheese with a balsamic dressing on the side.

Registration: Call the BCB office at 859-259-1834 or email us at <u>info@bcbky.org</u>. You may request Wheels passes if riding Wheels. **If, at**

the time of the meeting, Fayette County is in the red zone in regard to COVID rates, please consider wearing a mask. Thank you!

September BCB Lunch & Learn

Date: Wednesday, September 28, 2022

Time: 12 PM to 2 PM (1 to 2 PM by Zoom)

Location: BCB Headquarters 1093 S. Broadway, Lexington, KY 40504 **Topic:** LexTran and Wheels Transportation: Transition to New Provider **Speaker:** Our speaker will be Emily Elliott, Community Relations Manager at LexTran. As you may have heard, The Wheels program at LexTran is transitioning to a new provider and will no longer be managed by the American Red Cross. Emily will be here to tell us about the change and answer any questions you have about the change that may affect this paratransit service. The target date for this transition is on or before October 1. They do not anticipate any disruption of service and are working to ensure a smooth transition. We will serve a light lunch at noon, the talk will begin at 1 PM and there will be food distribution of grocery items after the presentation for those who have registered for that service.

Registration: Call the office at 859-259-1834 or

email info@bcbky.org to register and let us know if you will be attending in person and need Wheels passes or need Zoom access information. Remember, you can use a landline telephone as well as a cell phone, computer or tablet to access a Zoom meeting. Carrier rates may apply. If, at the time of the meeting, Fayette County is in the red zone in regard to COVID rates, please consider wearing a mask. Thank you!

September BCB Food Distribution Home Delivery

Date: Thursday, Sept. 29, 2022

Time: Between 3 PM and 6 PM EST

If you cannot attend the Lunch & Learn meeting and live in Fayette County, we can deliver your food distribution to your home the day after the monthly Lunch & Learn.

Registration: To register for food delivery, call 859-259-1834 and press 1 to leave your name, street address and phone number, and state that you would like food delivered. If you are unsure of your availability, please only call when you are certain of your arrangements to avoid confusion. If you have questions, please call the BCB office during normal office hours and

press zero to talk with a staff member. If you do leave a message but then need to change your request, you must talk with a staff member to make the change. Changes will NOT be accepted through the voicemail system.



If you would like to help support the BCB Bulletin and the vital services provided by the Bluegrass Council of the Blind, please consider clicking the Donate Now button to make a secure online donation today or <u>click</u> <u>through to our Web site here</u>. Thank you!