



BCB BULLETIN

September 2021

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BCB Group Meetings Have Returned to Virtual for a Few Weeks

Please note! Due to the rise in COVID-19 cases and Kentucky being fully in the red zone, BCB will be holding group meetings only via Zoom for the next few weeks. The following group meetings will be held via Zoom only:

- Sept. 8 and 20, 2021, BCB Mentoring Small Groups - Zoom only
- Sept. 13, 2021, BCB Community In-ing - Zoom only
- Sept. 16, 2021, BCB Assistive Technology Group Seminar - Zoom only
- Sept. 22, 2021, BCB Lunch & Learn - Zoom only

We have secured a large hall to hold the BCB Quarterly Membership Meeting and Annual Business Meeting in person on Thursday, Sept. 30, 2021, from Noon to 2 PM. Details in the calendar below.

Registration is required for all group meetings. Call the office at 859-259-1834 or email info@bcbky.org to register or request Zoom access info. Remember, you can use a landline telephone as well as a cell phone, computer or tablet to access a Zoom meeting. Carrier rates may apply.

September food distribution will be delivery only. Food will be delivered between 3 PM and 6 PM on Thursday, Sept. 23, 2021. If you are blind or visually impaired, live in Fayette County and are in need of food due to

financial difficulties or barriers to shopping, BCB offers a pre-determined variety of grocery items we can deliver to your home. To register for food delivery, call 859-259-1834 and press 1 to leave your name, street address and phone number, and state that you would like food delivered. If you are unsure of your availability, please only call once you are certain of your arrangements to avoid confusion. If you have questions, please call the BCB office during normal office hours and press zero to talk with a staff member. If you do leave a message but then need to change your request, you must talk with a staff member to make the change. Changes will NOT be accepted through the voicemail system.

Thank you and stay safe!

SEE Cruise Advanced Tickets Now Available!

BCB's 2021 SEE Cruise presented by Gates Ford is Sunday, Oct. 10, from 1 PM to 8 PM at O'Neill's, 2051 Richmond Road in Lexington. Advanced tickets are \$20 and are available now. Tickets will be \$30 at the door. A limited number of VIP reserved tables are available.

To purchase a VIP reserved table: before purchasing tickets, please call the office at 859-259-1834 and press 0 to speak with a BCB staff member.

[Click this link to purchase advanced tickets.](#)

To learn more about the 2021 SEE Cruise presented by Gates Ford, visit www.bcbky.org/special-events.

BCB's August Meetings Available on YouTube

If you were not able to attend BCB's August Assistive Technology Seminar or Lunch & Learn, or if you'd like to experience them again, you can find them on YouTube! Just click the links below:

[Click here for BCB's August 2021 Assistive Technology Group Seminar 'Let There Be Light!'](#)

[Click here for BCB's August 2021 Lunch & Learn with LFUCG Parks & Recreation and a personal trainer from Tactile Training.](#)

Technology Update for Those Using Zoom

Starting in September: To improve and tighten security while using Zoom to connect to meetings, Zoom is now requiring that you perform updates every nine months at a minimum. Please be aware when using the Zoom application on your phone or on your computer that it will require you to update from time to time. If an update should pop up, please implement any updates as soon as possible. Please note that this does not affect one-touch mobile or if you're using a direct-dial number. This only applies to systems using either the iOS/android app or the desktop application.

Well-known Kentucky Book Narrator Passes

Mitzi Friedlander, 91, passed away on Aug. 22, 2021. Mitzi was a performer (actress and singer), narrator of Talking Books, social activist, teacher, mentor and friend to many across Louisville. According to her obituary, "Mitzi's true vocational passion was her work for the American Printing House for the Blind. It is not an overstatement to say that Mitzi was a superstar for people who are blind or visually impaired. She narrated Talking Books for over 50 years and recorded more books than anyone over the course of her career." She became a life member of the Kentucky Council of the Blind in 2010. [Click this link to read her full obituary.](#)

Need a Ride to Get a COVID-19 Vaccine?

[Federated Transportation Services of the Bluegrass, Inc.](#) is providing rides to those in need. Call 72 hours in advance to schedule: **888-848-0989**

Thanks to a generous donation from Toyota and the Beulah S. Mays Fund at BGCF, [ITNBluegrass](#) is providing rides to those 60+ years of age and adults with vision impairments. Call **859-252-8665**.

Calendar

September Events

September BCB Mentoring Small Groups

Share and learn tips and techniques for living and coping with a vision impairment in these small group settings. Do you have questions and just don't know where to find the answers? Are you trying to deal with challenges due to your vision and wondering how others manage? Join us for a more personal way of sharing and learning. We offer two dates for the mentoring small groups: an afternoon meeting and an evening meeting, both will be via Zoom in September.

Afternoon Mentoring

Date: Wednesday, Sept. 8, 2021

Time: 1 PM to 2 PM EST

Location: Zoom meeting

To participate, contact Theresa Thomas at info@bcbky.org or 859-259-1834 for access information. These groups are confidential, and participants are expected to be mindful and respectful of one another's privacy when personal information is shared. New group members are welcome!

Evening Mentoring

Date: Monday, Sept. 20, 2021

Time: 7:30 PM to 8:30 PM EST

Location: Zoom meeting

To participate, contact Theresa Thomas at info@bcbky.org or 859-259-1834 for access information. These groups are confidential, and participants are expected to be mindful and respectful of one another's privacy when personal information is shared. New group members are welcome!

September BCB Community In-ing

Date: Monday, Sept. 13, 2021

Time: 1 PM to 2 PM

Location: Zoom Meeting

Join us via Zoom for a fun social hour talking about some of our favorite destinations to visit in Lexington. Please bring ideas for future community outings we can take when it is safe to visit destinations again as a group.

Registration: Call the office at 859-259-1834 or email info@bcbky.org to register. Remember, you can use a landline telephone as well as a cell phone, computer or tablet to access a zoom meeting. Carrier rates may apply.

September BCB Assistive Technology Group Seminar

Date: Thursday, Sept. 16, 2021

Time: 1 PM to 2 PM

Topic: All About Audiobooks

Location: Zoom meeting

In this month's AT Group Seminar, we will be talking all about audiobooks. We'll discuss what is an audiobook and why you should be listening to them, including some of the best places to get audiobooks for free! Join us on the 16th via Zoom for some great information!

Registration: Call the office at 859-259-1834 or email info@bcbky.org to register. Remember, you can use a landline telephone as well as a cell phone, computer or tablet to access a zoom meeting. Carrier rates may apply.

September BCB Lunch & Learn

Date: Wednesday, Sept. 22, 2021

Time: Noon to 2 PM

Location: Zoom meeting

Topic: Medicare Updates for 2022 Annual Enrollment

Speaker: Pete Alberti, Kentucky Health Solutions

Pete will be reviewing some of the Medicare changes for 2022. Topics will include upcoming changes with Medicare, Medicare Supplement plans, Medicare Advantage, and Part D prescription drug coverage. He will also be sharing some information on the Medicaid/Medicare Advantage plans. Feel free to bring your questions about Medicare.

Registration: Call the office at 859-259-1834 or email info@bcbky.org to register. Remember, you can use a landline telephone as well as a cell phone, computer or tablet to access a zoom meeting. Carrier rates may apply.

September BCB Food Distribution Home Delivery

Date: Thursday, Sept. 23, 2021

Time: Between 3 PM and 6 PM EST

September food distribution will be delivery only. If you are blind or visually impaired, live in Fayette County and are in need of food due to financial

difficulties or barriers to shopping, BCB offers a pre-determined variety of grocery items we can deliver to your home.

Registration: To register for food delivery, call 859-259-1834 and press 1 to leave your name, street address and phone number, and state that you would like food delivered. If you are unsure of your availability, please only call once you are certain of your arrangements to avoid confusion. If you have questions, please call the BCB office during normal office hours and press zero to talk with a staff member. If you do leave a message but then need to change your request, you must talk with a staff member to make the change. Changes will NOT be accepted through the voicemail system.

BCB Quarterly Membership Meeting and Annual Business Meeting

Date: Thursday, Sept. 30, 2021

Time: Noon to 2 PM

Location: Lion's Club Pavilion at Masterson Station Park (3051 Leestown Rd. Lexington KY 40511)

Membership is required to attend and membership must be paid in full 30 days prior to the meeting.

This meeting will be in person so masks are required.

Registration: Registration is required at least two days prior, so register by noon on Tuesday, Sept. 28! Call the office at 859-259-1834 or email info@bcbky.org to register.

October Events

October events may or may not be held in person, depending on the spread of COVID-19.

BCB 2021 SEE Cruise presented by Gates Ford

Date: Sunday, Oct. 10, 2021

Time: 1 PM to 8 PM

Location: O'Neill's (2051 Richmond Rd., Ste 140, Lexington, KY 40502)

Please come along on this cruise-themed fundraising event featuring live music from two popular regional bands (CONCH REPUBLIC and Sammy's Left Eye), a silent auction and raffles. Our Honorary SEE Captain, Bill Meck, will help us cruise to St. Somewhere for a day of fun and philanthropy! Advanced tickets are \$20 are available now! Tickets will be \$30 at the door. A limited number of VIP reserved tables are available. To purchase a VIP reserved table, please call the office at 859-259-1834 and press 0 to speak with a BCB staff member. [Click this link to buy advanced tickets.](#)

October BCB Mentoring Small Groups

Share and learn tips and techniques for living and coping with a vision impairment in these small group settings. Do you have questions and just don't know where to find the answers? Are you trying to deal with challenges due to your vision and wondering how others manage? Join us for a more personal way of sharing and learning. We offer two dates for the mentoring small groups: an afternoon meeting and an evening meeting.

Afternoon Mentoring

Date: Wednesday, Oct. 13, 2021

Time: 1 PM to 2 PM EST

Location: Zoom meeting

To participate, contact Theresa Thomas at info@bcbky.org or 859-259-1834 for access information. These groups are confidential, and participants are expected to be mindful and respectful of one another's privacy when personal information is shared. New group members are welcome!

Evening Mentoring

Date: Monday, Oct. 18, 2021

Time: 7:30 PM to 8:30 PM EST

Location: Zoom meeting

To participate, contact Theresa Thomas at info@bcbky.org or 859-259-1834 for access information. These groups are confidential, and participants are expected to be mindful and respectful of one another's privacy when personal information is shared. New group members are welcome!

October BCB Assistive Technology Group Seminar

Date: Thursday, Oct. 14, 2021

Time: 1 PM to 2 PM

Location: Zoom meeting

Topic: Streaming Accessibility

Are you having trouble seeing the icons on your Apple TV? Do you wish you could talk to your Amazon Fire Stick? You may not realize just how much accessibility the most popular streaming services actually have! Join Sam for this month's A-T seminar to learn more about streaming accessibility right into your home!

Registration: Call the office at 859-259-1834 or email info@bcbky.org to register. Remember, you can use a landline telephone as well as a cell phone, computer or tablet to access a zoom meeting. Carrier rates may apply.

October BCB Lunch & Learn

Date: Wednesday, Oct. 27, 2021

Time: Noon to 2 PM

Topic: Blind Ability Celebration

Speaker: Wren Blae Zimmerman

Wren is a blind equestrian show jumper who lives with an invisible disability, competes against able-bodied riders, advocates for para-show jumping to become a paralympic sport, and changes the perception about what the blind and visually impaired are capable of.

If we are able to hold this meeting in person, we will serve a boxed lunch of baked chicken, green beans and mashed potatoes.

Registration: Call the office at 859-259-1834 or email info@bcbky.org to register.

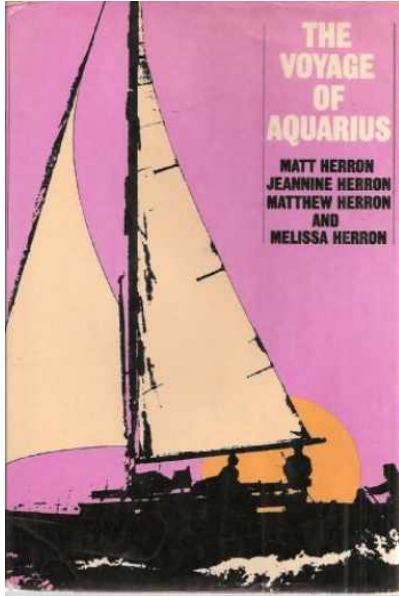
October BCB Food Distribution Home Delivery

Date: Thursday, Oct. 28, 2021

Time: Between 3 PM and 6 PM EST

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Registration: To register for food delivery, call 859-259-1834 and press 1 to leave your name, street address and phone number, and state that you would like food delivered. If you are unsure of your availability, please only call once you are certain of your arrangements to avoid confusion. If you have questions, please call the BCB office during normal office hours and press zero to talk with a staff member. If you do leave a message but then need to change your request, you must talk with a staff member to make the change. Changes will NOT be accepted through the voicemail system.



Book of the Month

The Voyage of the Aquarius

By: Matt Herron

Read by: Mitzi Friedlander; Gary Heilsberg

Reading Time: 11 hours, 44 minutes

Number: DB09689

Travel.

Adventurous tale of a family of four that sets out from New Orleans for West Africa in a 31-foot cruising sailboat. A log is kept of the trip with entries by each member of the family.

Disclaimer: The book recommendations and opinions from staff and others do not necessarily reflect the opinions of Bluegrass Council of the Blind, Inc.



If you would like to help support the BCB Bulletin and the vital services provided by the Bluegrass Council of the Blind, please consider clicking the Donate Now button to make a secure online donation today or [click through to our Web site here](#). Thank you!