



MARCH 2020

1093 South Broadway, Suite 1214 | Lexington, KY 40504 | info@bcbky.org | 859-259-1834

BCB Enjoys Outing at McLeod's

BCB was thrilled to have 18 participants join us, on Feb.10, for a community outing to McLeod's Coffee House. This special coffee shop, located on Southland Drive, employs people with special needs and was a wonderful meeting place for our March Community Outing. Here are a few photos of some of our guests enjoying their eats and drinks. Pictured below left: John Short, David and Lavonna Snell; below right: Yvonne Holt and BCB President Judy Potter; pictured bottom left: Peggy Holt and William Marks; and pictured bottom right: Susan Ament and Kris Seeger.



LOTS OF LOVE FOR BCB ON VALENTINE'S DAY!

BCB received a lot of love this year on Valentine's Day! CLARK Material Handling Company showed some tremendous heart (and muscle!) by delivering new chairs and lamps to the BCB office, donated by the Hilton Lexington Downtown. CLARK'S Public Relations Manager, Alan Sutherland and his team, then headed out again to pick up and deliver our new bench from the Lexington Lions Club! So thankful for our partners in Lexington. Pictured bottom right are the chairs donated by the Hilton and, at left, is CLARK Material staff delivering the Lions Club bench.



Helen Keller National Center Presents at Lunch & Learn

Fifty-nine people attended the BCB February Lunch & Learn! Following lunch, speaker Mark Armstrong, from the Confident Living Program with the Helen Keller National Center, spoke on Programs for Older Adults with Hearing and Vision Impairments. Chad Hunt, from the Kentucky Office of Vocational Rehabilitation, presented on his agency and his role as the State Deaf-Blind Services Coordinator. Those consumers who participated by using the assisted listening devices, provided by Mark, were so pleased to report a much greater ability to hear the speaker and participate in the program. Below, pictured left is Mark and Chad right.



BCB March Community Outing

For this outing, participants may take advantage of free use of the track. The café will be open for purchases of breakfast or lunch type foods and drinks. This is a good place to congregate with other BCB folks and friends and you may even get in a little exercise! Be sure to stop at the registration desk, to the left, and sign in, as well as, ask for assistance to locate the track or the café. You can tie a scarf to the rail of the track, near the door, to locate the exit upon completing your laps. Call, if you have questions.

Date: Monday, March 9

Time: 11:30 a.m. to 1 p.m.

Location: Immanuel Baptist Church Recreation Outreach Center, 3100 Tates Creek Rd.

RSVP: By Friday, March 6 to 859-259-1834 (Wheels passes available), Each participant is responsible for their own purchases at the café.

BCB March Peer Mentoring Support Group

Date: Wednesday, March 11

Time: 1 p.m. to 2 p.m.

Where: BCB Community Room, 1093 S Broadway

Topic: Communicating our needs, to others, as visually impaired people.

RSVP: By Monday, Feb.10. Application required for new members, contact Susan at 859-259-1834 (Wheels passes available)

BCB March Membership Meeting

Date: Thursday, March 12

Time: Noon-2:00 P.M.

Location: BCB Community Room

Program: Come and learn about the BCB 2020 Vision Campaign, SILVER Initiative, Woodturning Project, 'On the Table' discussion group, and more! We'll also offer a 50/50 drawing and door prizes.

We are encouraging members to invite potential members and to be sure, by this point, you've renewed your 2020 membership with BCB as we will be submitting our 2020 membership list to ACB.

RSVP: by Tuesday, March 10 to 859.259.1834

BCB March Assistive Technology Seminar

The technology seminar for March is going to be on Siri commands, which is helpful for anyone who uses an IOS device. All are welcome to come learn how to use your voice assistant to get more done and be more productive. Please come prepared with the latest iOS version your device will support installed. Don't worry, we'll cover commands that will work on all devices.

Date: Tuesday, March 17 (St. Patrick's Day)

Time: 10:00-11:00 A.M. (this is a new time)

Where: BCB Community Room, 1093 S. Broadway

RSVP: By Friday, March 13 to 859-259-1834

BCB March Lunch & Learn

Date: Wednesday, March 25

Time: Noon - 2:00 P.M.

Where: BCB Community Room at 1093 S Broadway

Program: Austin Robinson presents Edge Music Therapy. Learn about the benefits of music therapy, Austin's practice of music therapy and a demonstration of his music art.

RSVP: by Monday, March 23 to 859-259-1834

BCB Hosts 'On the Table' Discussion

On March 25, following the Lunch & Learn program, BCB will host an 'On the Table' small group. 'On the Table' is a city-wide conversation where over 10,000 Lexingtonians gather, across the city, in small groups to get to know each other better and discuss what is and is not working in our communities. This year, the conversation will focus on neighborhoods, rising rents, new businesses, increased traffic, better sidewalks – all across Lexington neighborhoods are changing.

We will be discussing what we like and what we want to see changed about our neighborhoods. We are looking for five to ten participants. Conversations start with a quick survey about our communities. A month or so later, you will get a report with what you and your neighbors think should change in Lexington and how you could be a part of it.

Date: Wednesday, March 25

Time: 2:00-3:30 P.M. Following Lunch & Learn

RSVP: By March 20, to join this small group, register by calling BCB at 859-259-1834 for instructions on accessing the survey and registration.

April Community Outing

Woodsongs Old Time Radio Hour! Stay tuned! Information on the program and cost TBA.

Date: Monday April 6

Time: 6:30 P.M. to 8:30 P.M.

Where: The Lyric Theatre, 300 E Third Street

RSVP: Needed by noon on April 2, Wheels passes available



Book of the Month

"The Guardians"

Novel by: John Grisham

Book Number: DB 96912

Access: Downloadable Talking Book

Reading Time: 11 hours, 52 minutes

Read by: Michael Beck

Twenty-two years ago, young lawyer Keith Russo was killed. The police arrested Quincy Miller, a young black former client of Russo, despite the lack of evidence or motive. Now, decades into a life sentence, a desperate Miller contacts a nonprofit run by a lawyer who is also an Episcopal minister.

Disclaimer: The book recommendations and opinions from staff and others do not necessarily reflect the opinions of Bluegrass Council of the Blind, Inc.

Renew Your BCB Membership for 2020!

Dear BCB Friends,

A big thank you to those of you who have renewed your membership or have joined us for the first time in 2020. If you have not yet joined us as a member, or have not yet renewed your membership, please join us as a member this year. It's that time of year, when renewing your membership with BCB is vital for many reasons. It's time to revitalize your commitment to creating a world of accessibility and inclusion.



Much of the funding for our critical work comes from generous individuals like you! This work allows us to empower people affected by vision loss to reach their goals and discover their true abilities. So, what do you say? How about joining us in making a difference in our community!

Dues for 2020 are only \$10 per member. However, we're encouraging members to renew at a higher donation level, if possible. What does independence mean to you? What value would you place on your sight? Please help us with a gift that is significant and meaningful to you. Membership helps us in many ways and we value you as a member. Help us reach our 20/20 Vision.

Pay by credit or debit card online by clicking <HERE> or by calling 859-259-1834. Checks can be mailed to 1093 S. Broadway, STE 1214, Lexington, KY 40504. Dues can be paid at our next membership meeting on March 12, but it would be most helpful if you could pay before then so we can include you as a member of American Council of the Blind (ACB), our national organization. This helps to increase our influence with legislation and issues of national importance to blind and vision impaired people and is included in your BCB membership fee. Thank you for being a vital part of BCB!!

All the best in 2020!
Susan Ament, Ph.D
Peer Support Program Coordinator

BCB Needs Your Help with Listening Devices

Help! The Bluegrass Council of The Blind is in desperate need of assisted listening devices for some of our consumers who are challenged with both hearing and vision impairments.

We have several people who would like to be able to participate fully but are unable to at this time due to these challenges. We are looking for recommendations for assistive listening devices that work well in a crowd the size of about 50 people. Any advice on what systems work well is much appreciated! If anyone has devices we could borrow or would like to donate, that would even be better! Thanks in advance!

MARCH CALENDAR

March

Workplace Eye Health & Safety and National Eye Donor Month

BCB March Community Outing

Date: Monday, March 9

Time: 11:30 a.m. to 1 p.m. @ The ROC

BCB March Peer Support Group

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Time: 1 p.m. to 2 p.m. @ BCB

BCB March Membership Meeting

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BCB March Assistive Technology Seminar

Date: Tuesday, March 17

Time: 10 a.m. to 11 a.m. @ BCB

BCB March Lunch & Learn

Date: Wednesday, March 25

Time: Noon to 2 p.m. @ BCB

BCB 'On the Table' Small Group

Date: Wednesday, March 25 (following Lunch & Learn)

Time: 2 p.m. to 3:30 p.m.

BCB April Community Outing

Date: Monday, April 6

Time: 6:30 p.m. to 8:30 p.m. @ the Lyric Theatre

SAVE THE DATE

2020 SEE CRUISE

SUNDAY, MAY 17

4 P.M. TO 8 P.M.

BANNERS

BAR & GRILL

Bluegrass Council of the Blind

2020 SEE CRUISE

FEATURING
Conch Republic

BANNERS

SUNDAY, MAY 17
4 PM-8 PM

PRESENTED BY:
**SPONSOR
NAME**

SEE Cruise is a tropical Sail-A-Bration and casual cruise-beach party benefiting Bluegrass Council of the Blind. Banners, 3650 Boston Road, will offer food, drink specials, live music from Conch Republic, a Raffle, Silent Auction and more!

**Admission: \$20 at the door (Includes 6% Sales Tax)
Information, please visit bcbky.org/special-events/**

KY GAMING LICENSE
#: EXE-002168