



May 15, 2018

Bluegrass Council of the Blind, Inc.
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EVENTS CALENDAR

MAY 16 – There will be a hands-on nutrition education classes and cooking offered by the BCB and the UK Cooperative Extension! This will be from 1:30 – 2:30 p.m. and will be in the UK Extension Office.

MAY 23 – The BCB Peer Support Group Meeting will be from 12 – 2 p.m. in the BCB Community Room. The topic of the meeting will be “Lextran Transportation.”

JUNE 4 – Braille Study from 1-2 p.m. Participants will learn what Braille is, be taught the Braille alphabet and numbers, and learn some punctuation. This is the second of 5 monthly meetings, so if it’s your first time coming, be sure to study up on the letters A-J covered in the first lesson.



JUNE 6 & 20 – There are 3 more hands-on nutrition education classes and cooking classes to go to in this series offered by the BCB and the UK Cooperative Extension! Classes will be the 1st and 3rd Wednesday of each month from 1:30 – 2:30 p.m. and will alternate locations between the BCB office and the UK Extension Office. June 6 will be in the BCB office and June 20 will in the UK Extension office.

JUNE 11 – We are planning a community outing on Monday June 11 to meet at the Council and then take a ride on the LexTran bus. Stay tuned for details in the next newsletter.

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THE BLIND AND
HANDICAPPED**

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