



May 1, 2018



Bluegrass Council of the Blind, Inc.  
1093 South Broadway, Suite 1214  
Lexington, KY 40504  
[info@bcbky.org](mailto:info@bcbky.org) 859-259-1834

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## THANK YOU SEE CRUISE 2018,

This Ship Has Sailed!

If you were there, you know how much fun it was! If you were NOT there, then you need to check out our social media pages and #SEECruise2018 to see what you missed! The 6<sup>th</sup> Annual BCB SEE Cruise is in the record books as one of the BEST ever! Donations are still trickling in, but we are extremely pleased to announce – the 2018 SEE cruise has already brought in over **\$17,500!** Check out more photos and posts on Facebook and at [www.topsinlex.com](http://www.topsinlex.com).



We want to thank all our sponsors, donors, volunteers and attendees who set sail with us from Banners on Sunday, April 22<sup>nd</sup> with great music from CONCH REPUBLIC, yummy food and drink specials from Banners, and more than 13,000 in donated items in the auctions and raffle! We couldn't be more pleased with the weather, the venue, the entertainment and our wonderful guests who gave so generously to help us raise funds to provide life-changing programs for people who are blind or visually impaired.



We want to thank all who attended our event on Sunday and share a few photos. It appears that a good time





was had by all! Our Honorary SEE Captain, Bill Meck, did a wonderful job, yet again, as our MC and Chief Weather-Watcher. What great weather we had and what fun with Capt'n Bill as he steered the ship for his fourth year with us at the SEE Cruise. Thanks Bill! We also want to thank our Presenting Sponsor – Retina Associates of Kentucky for not only sponsoring, but coming out and enjoying the evening

with us. And we are so appreciative to all our sponsors for their support:

Ship Sponsor: Retina Associates of Kentucky

Port Sponsors: Kentucky Health Administrators, Kentucky Eye Institute, and Dr. Curtis and Judy Harlin

Tugboat Sponsors: Bluegrass Parrot Head Club, Kentucky Health Solutions, ServiceMasters, and UK Federal Credit Union

We can't thank the great folks at Banners enough for all their help in making this a fabulous event! Thanks to Ryan, Kyle and the whole staff for taking great care of our guests, for their generous donations and for giving us the venue so we can "party with a purpose"! And – not to be forgotten, a big shout-out to the band members of CONCH REPUBLIC for being our colorful entertainment exclusively for 6 years running! Thank you!

We had some terrific volunteers from the Junior League of Lexington, Delta Gamma Sorority, BCB board members and friends of BCB. We certainly could not have done this without you! We are so grateful for all who worked so hard to make this such a fun and successful event. We hope you will enjoy the photos and we hope you will join us next year for the 7th Annual SEE Cruise event in April of 2019!



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## **MISSION LEXINGTON**

Mission Lexington is a non-profit, ecumenical Christian ministry that provides charitable, educational, social, and community services. We offer free medical and dental care, along with other activities and goods to Lexington families in need. Mission Lexington is dedicated to meeting the needs of those in our community in a caring, Christ-like fashion. We are committed to serving and empowering our neighbors in need. We value building relationships and preserving dignity. We strive to enhance each person’s whole self, treating all with love and respect. The Free Medical Clinic, Free Dental Clinic, Free Vision Clinic, Free Mental Health Services, and Faith Pharmacy of Mission Lexington are having an open house!

We want to invite you to a reception at Mission Lexington on May 20, 2018 at the Mission Lexington building at 230 South Martin Luther King Blvd. Attend and meet the Mission Lexington Board of Directors and ask them any questions you might have about Mission Lexington and our future. Our doors will be open between 12:15pm and 2:15pm, so please drop in, enjoy lite refreshments and see the clinics you have enabled.

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## **BRILLE CLASS**

Beginning in May there will be a Braille study group offered monthly at BCB for a total of five months. A small group (maximum of eight people) will meet on the first Monday of the month at BCB and learn an introduction to the basics of reading and recognition of Braille. Participants will learn what Braille is, be taught the Braille alphabet and numbers, and learn some punctuation. This knowledge may then help with reading signs such as in elevators, hotels and restroom doors. This study group will be led by Kenny Williams, an active member of BCB for three years. Kenny first learned Braille at the age of six years and has used Braille ever since. In addition to the monthly meetings on the first Monday of the month, there will be a conference call for participants on the third Thursday for questions and answers and additional learning.

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## **PEER SUPPORT GROUP MEETING**

The May BCB Peer Support Group Meeting will be on **MAY 23<sup>th</sup>** from 12 - 2 p.m. in the BCB Community Room. The topic of the meeting will be “Lextran Transportation” Presented by Emily Elliot, the Community Relations Coordinator, from Lextran. Emily will give us tips and information on how to ride the city bus here in Lexington and answer questions about accessibility you may have as a sight impaired consumer. If you normally use Wheels, you are eligible to ride the city bus for free and Emily will also tell you how to obtain a card for this purpose. Learning to ride the bus does not exclude you from the Wheels program but it just may open up a new possibility for getting around and going some places. Come listen and ask questions, and meet other sight impaired people over lunch with whom you can share your experiences. Lunch is still to be determined.

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### 3D Audio Stories

Did you ever wish you could be part of the story? Now you can! InLive Stories are immersive 3D audio stories that you enjoy wearing headphones (a typical set of headphones like the ones you use to listen to music will work perfectly) and with your eyes closed. You will feel you are where everything happens and you'll become a part of the story playing a leading role. All the elements of the production (places and characters) are created from a combination of sound design and virtual reality 3D audio technology.

Visit our website where you will discover the difference between an audio narration of a story and an InLive Story. Remember that it is essential to use headphones and to close your eyes to feel the immersive experience.

skybayproductions.com

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### HANDS-ON NUTRITION & COOKING CLASSES



BCB and the UK Cooperative Extension Office are teaming up to offer a series of **hands-on nutrition education classes and cooking classes** to anyone that would like to attend! Classes will be the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of each month from 1:30-2:30 p.m. **The classes are FREE** and will be customized for individuals with low to no vision and will

also focus on nutrition for those with diabetes. This is going to be a fun and interactive experience and we hope you all will join us! Each class will offer tasty snacks or light meal and a lesson on how to prepare them. Everyone will also take home a variety of kitchen freebies, large print recipes, and much more!

Participants that attend all 7 classes will graduate from the program at the last class. The next two classes will be May 2<sup>nd</sup> at the BCB office and May 16<sup>th</sup> at the UK Extension Office at 1140 Harry Sykes Way. If you'd like to attend this course, call the BCB office today at (859) 259-1834.

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### DINE OUT FOR A CAUSE AT J. RENDER'S SOUTHERN TABLE & BAR

Dine at J. Render's Southern Table and Bar on Tuesday, May 22, 2018 and 15% of the proceeds will be donated directly back to Bluegrass Council of the Blind!

Make sure and let your server know that you are "dining out for a cause!"

Also, a huge "Thank You" to J. Renders for generously donating the delicious lunch of white chicken chili & cornbread provided for the March Peer Support Meeting.



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## PINTEREST APP REDESIGNED FOR THE VISUALLY IMPAIRED

Here's how the company confronted its own shortcomings on inclusive design—and systemically redesigned its app for everyone.

“We asked one [visually impaired] user, would you use Pinterest? You can't see what's on the screen!” Long recounts. “She said, ‘of course I would.’” Visually impaired or not, we all want tasty recipes, better haircuts, and fashion advice. And Pinterest is loaded with billions of pins full of this stuff.

The first and most obvious step was adding all of the proper code and labeling to make sure that features like Voice Over could actually read every component on the screen. Along the same lines, the company added focus indicators—relatively standard outlines around buttons and menus that are active—that make Pinterest easier to use for people who can't use a mouse or trackpad.

Read the rest of the article to find out more about the newly added features to the Pinterest app at <https://tinyurl.com/AccessiblePinterest>

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### UPCOMING DATES TO REMEMBER:



**MAY 2 & 16** – There are 5 more hands-on nutrition education classes and cooking classes to go to in this series offered by BCB and the UK Cooperative Extension! Classes will be the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday of each month from 1:30-2:30 p.m. and will alternate locations between the BCB office and the UK Extension Office. May 2<sup>nd</sup> will be in the UK Extension Office and May 16<sup>th</sup> will be in the BCB Office.

**MAY 7** – Braille Study from 1-2 p.m. Participants will learn what Braille is, be taught the Braille alphabet and numbers, and learn some punctuation. This is the first of 5 monthly meetings.

**MAY 14** – The May Community Outing will be lunch at Charley Brown's Restaurant and will be from noon to 1:30 p.m. Charley Brown's is located at 816 E Euclid Avenue.

**MAY 23** – The BCB Peer Support Group Meeting will be from 12 – 2 p.m. in the BCB Community Room. The topic of the meeting will be “Lextran Transportation.”

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«City», «State» «Zip»**

**FREE MATTER FOR  
THE BLIND AND  
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