

April 15, 2018

Bluegrass Council of the Blind, Inc. 1093 South Broadway, Suite 1214 Lexington, KY 40504 info@bcbky.org 859-259-1834



EVENTS CALENDAR

APRIL 18 - BCB and the UK Cooperative Extension Office are teaming up to offer a series of 7 hands-on nutrition education classes and cooking classes to anyone that would like to attend! Classes will be the 1st and 3rd Wednesday of each month from 1:30-2:30 p.m. and will alternate locations between the BCB office and the UK Extension Office.

APRIL 22 – The 6th Annual SEE Cruise will be at Banners Bar and Grill from 3 - 7 p.m. So slip on your flip flops and get ready to party for a purpose! Every dollar raised goes directly to BCB! Admission is only \$15 at the door.

April 25 – The BCB Peer Support Group Meeting will be from 12 - 2 p.m. in the BCB Community Room. The topic of the meeting will be "Getting to Know Your BCB: Programs and Services for Living with Vision Loss"

MAY 2- SNAP Nutrition Class at BCB 1093 South Broadway Ste. 1214

MAY 7- Beginning in May there will be a Braille study group offered monthly at BCB for a total of five months. A small group (maximum of eight people) will meet on the first Monday of the month at BCB and learn an introduction to the basics of reading and recognition of Braille. Participants will learn what Braille is, be taught the Braille alphabet and numbers, and learn some punctuation. This knowledge may then help with reading signs such as in elevators, hotels and restroom doors. This study group will be led by Kenny Williams, an active member of BCB for three years. Kenny first learned Braille at the age of six years and has used Braille ever since. In addition to the monthly meetings on the first Monday of the month, there will be a conference call for participants on the third Thursday for questions and answers and additional learning.

May 14- Community outing at Charlie Browns Restaurant will be from 12-1:30pm. 816 E Euclid Ave, Lexington, KY 40502.

MAY 16- SNAP Nutrition Class at Fayette County Extension Office. 1140 Harry Sykes Way

FREE MATTER FOR THE BLIND AND HANDICAPPED

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> «Name» «Address» «City», «State» «Zip»