



**February 15, 2018**

Bluegrass Council of the Blind, Inc.  
1093 South Broadway, Suite 1214  
Lexington, KY 40504  
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## **EVENTS CALENDAR**

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**FEBRUARY 28, 2018 – The BCB Peer Support Group Meeting will be from noon to 2 p.m. in the BCB Community Room. Our guest speakers will be two excellent presenters from Congressman Andy Barr’s office and the topic will be the social security application process.**

**UPDATE: Our second guest speaker for the Peer Support Meeting will be Matthew Bradford, a Marine veteran who lost his sight and legs on deployment to Iraq. He is excited about coming to BCB and visiting with everyone! As always, please remember to be polite and courteous during guest presentations. There will be time for questions and answers at the end. If you plan on attending, please RSVP by Monday, February 26 by calling the BCB office at (859) 259-1834.**

**MARCH 5, 2018 – Lex Tran is holding a public meeting March 5<sup>th</sup> & 6<sup>th</sup>, inviting seniors and people with disabilities to comment on local gaps in transportation services. We need BCB member’s help in providing feedback that could improve this important local service. This would include improvements to existing services like Lex Tran and Wheels, and specific gaps in services including areas Lex Tran might not be traveling to, absence of bus stops in certain areas, or difficulty in locating bus stops. You can provide feedback to BCB Board Member, Jeremy Smith by emailing your comments directly to him at [jeremytsmith5@gmail.com](mailto:jeremytsmith5@gmail.com) or by calling (502) 619-9587. Jeremy will compile the results and provide everyone’s feedback at one or both of the March meetings.**

**MARCH 8, 2018 – The BCB quarterly membership meeting is scheduled for March 8<sup>th</sup> from noon to 2 p.m. There will be a 50/50 raffle, door prizes and we will play Trivia. Join us and enjoy connecting with your fellow BCB members! If you plan on attending, please RSVP by calling the BCB office.**

**MARCH 12, 2018 – The March Community Outing will be lunch at Charley Brown’s Restaurant and will be from noon to 1:30 p.m. Charley Brown’s has been a Lexington and Chevy Chase tradition for over 30 years and is a rustic spot for sandwiches, appetizers & beverages in a cozy setting with books, a fireplace and a patio. Hopefully in March we will have nice weather. Charley Brown’s is located at 816 E Euclid Avenue. Call the BCB office soon to RSVP.**

**APRIL 4, 2018 – Starting on Wednesday, April 4<sup>th</sup>, BCB and the UK Cooperative Extension Office are teaming up to offer a series of SEVEN hands-on nutrition education classes and cooking classes to anyone that would like to attend! Classes will be the 1st and 3rd Wednesday of each month from 1:30-2:30 p.m. The classes are FREE and will be customized for individuals with low to no vision and will also focus on nutrition for those with diabetes. This is going to be a fun and interactive experience and we hope you all will join us! Each class will offer tasty snacks or light meal and a lesson on how to prepare them. Everyone will also take home a variety of kitchen freebies, large print recipes, and much more! Participants that attend all 7 classes will graduate from the program at the last class. The first class on April 4<sup>th</sup> will be at the BCB office, and classes will alternate locations, with every other class being at the Extension office at 1140 Harry Sykes Way, Lexington, KY 40504. If you'd like to sign up to attend, call the BCB office soon at (859) 259-1834.**

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**FREE MATTER FOR  
THE BLIND AND  
HANDICAPPED**

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