



October 1, 2017 

Bluegrass Council of the Blind, Inc.
1093 South Broadway, Suite 1214
Lexington, KY 40504
info@bcbky.org 859-259-1834

PEER SUPPORT GROUP MEETING / BLIND ABILITY CELEBRATION WITH SPECIAL GUEST SPEAKER, KY LT. GOVERNOR, JENEAN HAMPTON



You're Invited to
The Blind Ability Celebration
Recognizing
Blind & Visual Impairment Awareness Month and White Cane Safety Day
*With Special Guest Speaker,
Kentucky Lt. Governor, Jenean Hampton*

Bluegrass Council of the Blind

**In Conjunction with the Peer Support Group Meeting
October 25, 2017**

12:00 - 2:00 PM
1093 S Broadway
Suite 1214
Lexington

Join Us!
A light lunch and refreshments will be provided

Seating is limited and RSVPs are required.
Please call (859) 259-1834 by October 20 to secure a seat for this event.

The October Peer Support Meeting will be Wednesday, October 25, 2017 from noon – 2:00 PM. Our special guest speaker will be Kentucky Lieutenant Governor, Jenean Hampton. She will be speaking about what the current state administration’s agenda is for helping to increase the quality of life, jobs, and services for Kentuckians with vision loss. She will also talk about the state budget and funding for Kentucky Office for the Blind, and how we can work to increase access for visually impaired Kentuckians to the information, training and tools they need to live safely and independently. She will talk for about 45 minutes and also take questions. If you have a question that you would like for her to address, please submit it to BCB as soon as possible – she will only be

taking 4 questions from the audience and they must be submitted in advance.

Seating is limited and RSVPs are required for attendance.

Please call (859) 259-1834 by October 20 to secure a seat for this event.

OCTOBER COMMUNITY OUTING – WHITE CANE AWARENESS WALK

The Blind Services Coalition of Kentucky, in partnership with the Lexington-Fayette Urban County Government Division of Aging and Disability Services and the VA Medical Center, will be hosting a White Cane Awareness Walk in Downtown Lexington on Monday, October 16th, 2017, at 11:00 AM and will last about 1 hour. The course of the walk will begin on Main Street in front of the Phoenix Park. If you are using Wheels to attend, the address is 100 E Main St, Lexington, KY 40507. For the walk, we will travel approximately 3 blocks east on

Main Street to Rose Street. At Rose Street, walkers will turn right and travel one block south to E Vine St. Walkers will turn right on E. Vine Street and walk west approximately 3 blocks back to Phoenix Park. The route is approximately 1 mile in length, and will be on sidewalks. Please RSVP for the White Cane Awareness Walk / October Community Outing by calling (859) 259-1834.

“BLIND BEAUTY BASICS” MAKEUP APPLICATION CLASS



On Wednesday, October 18, BCB will host a fun and informative session on choosing and applying makeup for the sight impaired woman. We will have a Mary Kay consultant joining us and sharing tips on how to create the perfect look. The session will be from noon until 2 PM and we encourage all that attend to bring a friend. Light snacks will be provided, but you may also choose to bring a sack lunch to this session. Please RSVP by noon on Monday, October 16 to attend.

BCB AUDIOBOOKS LENDING LIBRARY

Have you used our Audiobook Lending Library? We have several donated books on CD available to borrow. Check out the list on our website at <http://bcbky.org/audiobooks-lending-library/>.

Please note: Audiobooks must be picked up in person and cannot be mailed. For all loaned items, including audiobooks, we require a Consumer Intake Form and signed Loan Agreement Form on file. Call (859) 259-1834 for book availability or to place a book on hold for pick-up.

KCB STATE CONVENTION

The 44th annual Kentucky Council of the Blind conference and convention will be November 17 - 18 at the Ramada Inn North, 1041 Zorn Avenue in Louisville. ACB Treasurer David Trott from Talladega, Alabama will be our national guest. The weekend will be packed with exhibits, technology, workshops, food and fun! Room rates at the Ramada are \$80 a night plus tax for up to four people per room. Your room includes free Wi-Fi and free breakfast, and each room has a microwave and a small fridge. Call the Ramada at 502-897-5101 after September 15 and before November 1 to make reservations; be sure to say you are with the Kentucky Council of the Blind to receive our discounted rate.

Watch for convention details on the kcbnews e-mail list, the KCB Facebook page, and on Sound Prints. Pre-registration forms will be mailed in early October.

DISTRIBUTION ITEMS

We have several items available for lending and distribution at BCB. Items include: Talking Blood Pressure Monitors, Talking Thermometers, 7-Day Large Pill Boxes, Talking Blood Glucose Monitors, Cassette Players, and CD Players. Call us at (859) 259-1834 for availability or to set a time for pick-up.

“THERE’S AN APP FOR THAT!” WITH SAM SEAVEY

Our next Assistive Technology presentation will focus on smartphone apps for the visually impaired! The smartphone, which is quickly becoming the “Swiss Army Knife” of assistive devices, can run a variety of applications useful for the blind and visually impaired community. We’ll discuss both iOS and Android apps specifically designed for the blind as well as others that can be very helpful! The event is scheduled for Wednesday, October 11th from 1 PM – 2 PM.

Call (859) 259-1834 to RSVP!

BCB THANKSGIVING GATHERING



On Wednesday, November 22nd, we will be having a special Thanksgiving dinner in the Community Room at BCB from noon – 2 PM. We will not have a speaker for this event, we will simply enjoy lunch and each other’s company. Typically, Peer Support Group Meetings are not held in November, but we will be offering a Thanksgiving meal this year thanks to an anonymous donor. Please RSVP for this event no later than noon on November 8th since we will need time to plan and order food.

AMERICAN FOUNDATION FOR THE BLIND TELESEMINAR

(Re-print from AFB) You are invited to a national teleseminar hosted by the American Foundation for the Blind, 21st Century Agenda on Aging and Vision Loss, and sponsored by VFO. The date for this will be Wednesday, October 4, 2017 at 3 PM Eastern Time. The topic of this teleseminar will be on Medicare: “Medicare Should Pay for Low Vision Devices: Views Through Different Lenses.” To join this call, dial: 1(866) 939-3921 and enter the code: 45490371. If you have additional questions about this teleseminar, call the BCB office at (859) 259-1834.

REMEMBER TO RENEW YOUR BCB MEMBERSHIP FOR 2018



The end of 2017 is rapidly approaching and it’s time to start thinking about renewing your membership or joining BCB as a member for the very first time! Members are crucial to the development and leadership of the organization. Our members provide guidance and direction for BCB staff and programs. For as little as \$10 per year, you can become a part of the

community that is changing lives of the blind and visually impaired. Membership with BCB also includes membership with the American Council of the Blind (ACB). Together, you will be connected with thousands of individuals who provide support and share information about issues related to vision loss. Call our office today at (859) 259-1834 to request a membership application by mail or visit our website at bcbky.org to download and print an application from home.

FALL 2017 NATIONAL SCHOLARSHIP FOR COLLEGE STUDENTS WITH DISABILITIES

This competition began on September 12, 2017 and ends on November 12, 2017 for the award of \$2000.00! Details can be found at www.disABLEDperson.com. To participate, follow these simple steps: Write an essay with no more than 1000 words (prompt can be found at www.disABLEDperson.com/scholarships/23). Next, you need to register for the competition. To do so click on "Register Now" on the scholarship page. Fill out the form completely and paste your essay into the form. A few reminders: Please keep in mind that the form must be filled out completely. Incomplete or fraudulent forms will not be accepted. Correct spelling and grammar is important. Please submit carefully edited drafts only.

In order to qualify, the student must be enrolled in a 2 or 4 year accredited college or university in the United States of America. They must be a matriculated student and attending school full time and U.S. citizen. We will accept students who are not attending school full time as long as the part time attendance is due to their disability and not their financial situation (minimum of 6 credits for undergraduate, 6 credits for graduate).

Upon winning, the student will prove disability and matriculation through their Disability Student Services department. Disabilities are defined as described under the ADA: "A physical or mental impairment that substantially limits one or more major life activities of such an individual. A record of such an impairment or being regarded as having such an impairment".

Be sure to submit your entry before the November 12, 2017 deadline. The winner will be announced on the disABLEDperson, Inc. website on November 24, 2017.

The Essay Prompt: Located at www.disABLEDperson.com/scholarships/23

Note: Any essay exceeding 1000 words will be disqualified.

BCB IS COLLECTING PLASTIC LIDS FOR RECYCLING



BCB is assisting the Lexington Lions Club with collecting plastic lids to recycle and turn into park benches to be placed in Masterson Station Park, where the Lions Club hosts the Bluegrass Fair each year. Any amount that you can donate would be greatly appreciated. This keeps the plastic out of our landfills and creates a lifelong bench for people to enjoy. Lids that are accepted include: medicine bottle caps, milk jug caps, detergent caps, hair spray caps, toothpaste tube caps, drink bottle caps, condiment flip-top caps, peanut butter lids, yogurt container lids, coffee can lids, etc. Please deliver the lids for donation loose in bags and not attached to the containers they came off of. If you have any questions about what lids are acceptable, please give us a call at (859) 259-1834.

BOOK OF THE MONTH

Where The Sidewalk Ends: The Poems of Shel Silverstein

A collection of 127 madcap poems.

Book Number: DB35732, Access: Downloadable talking book

Location: <http://hdl.loc.gov/loc.nls/db.35732>

BCB IS IN NEED OF THE TAPE BOXES THAT WE USE TO SEND CASSETTE NEWSLETTERS

If you have any boxes, please return them as soon as possible. Just flip the card over that has your address on it. Our return address is on the other side. It will not cost you anything to return the boxes.

When you receive a box in the mail, please remove the tape and send the box back immediately. You can return the tapes after you are finished listening to them. By returning the boxes you will be saving BCB money on envelopes. Thank you for your kindness and cooperation!

UPCOMING DATES TO REMEMBER:



OCTOBER 4, 2017 – American Foundation for the Blind Teleseminar on Medicare at 3 PM; Call: 1(866) 939-3921 and enter the code: 45490371

OCTOBER 11, 2017 – “There’s an App for That!” presentation with Sam Seavey from 1 – 2 PM in the BCB Community Room

OCTOBER 16, 2017 – White Cane Awareness Walk - the BCB October Community Outing: The walk begins at 11:00 AM at 100 E Main St, Lexington

OCTOBER 18, 2017 – “Blind Beauty Basics” Makeup Application Class at BCB from Noon – 2 PM; Remember to bring a friend!

OCTOBER 25, 2017 – The Blind Ability Celebration in conjunction with the Peer Support Group Meeting from Noon – 2 PM at BCB

NOVEMBER 1, 2017 – Are you thinking about getting a new magnification of braille device? Join us at BCB for a presentation by Dave Wilkinson where he will show us what HIMS has to offer!

NOVEMBER 17-18, 2017 – The 44th annual KCB State Convention will be at the Ramada Inn North, 1041 Zorn Avenue in Louisville

NOVEMBER 22, 2017 – BCB Thanksgiving Gathering from Noon – 2 PM

DECEMBER 12, 2017 – Sheri Pruitt will be giving a presentation and demonstration on the OrCam! She'll be showing off the new features that were recently added

FEBRUARY 8, 2017 – Our very own Tess Flynn will be leading a cooking class where she'll be focusing on measuring ingredients and using the oven! Limited space available so RSVP soon by calling (859) 259-1834.

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**FREE MATTER FOR
THE BLIND AND
HANDICAPPED**

**«Name»
«Address»
«City», «State» «Zip»**