



June 1, 2017

Bluegrass Council of the Blind, Inc.
1093 South Broadway, Suite 1214
Lexington, KY 40504
info@bcbky.org 859-259-1834

JUNE MEMBERSHIP MEETING, THUR., JUNE 15TH FROM NOON – 2:00 PM

Please join us for the quarterly membership meeting on Thursday, June 15, 2017 from noon until 2:00 pm. We are currently at 104 members. Only 21 away from reaching our goal of 125! If you are not already a member you don't want to miss out on being an important part of the success of this great agency that has been serving the blind and visually impaired in Central Kentucky for over 40 years!

To RSVP for the membership meeting, please call 859-259-1834 at least 2 days prior to the meeting.

JUNE COMMUNITY OUTING, MONDAY, JUNE 19, 2017 6:45 – 8:15 PM

For our June community outing we will go to the Lyric Theatre for the Woodsongs Old Time Radio Hour. This will be on the evening of June 19, the third Monday of June. The doors open at 6:15 and they ask everyone to be seated by 6:45 for the 7:00-8:15 p.m. show. The show will consist of two performances - The Looping Brothers: A Bluegrass band from Germany, and Still on the Hill: a duo playing traditional Appalachian music. Normally tickets sell for \$10, but we will receive tickets at a discount of \$5 each. Everyone is responsible for their own ticket and will purchase their ticket at the box office when they arrive. Be sure to mention that you are with the Bluegrass Council of the Blind to receive your discounted ticket for \$5. The Lyric Theatre is located at 300 East Third Street in Lexington. To attend please RSVP at 859-259-1834, by Thursday, June 15, 2017. Please pay for your Wheels ride and BCB will reimburse you after you arrive at the theatre.

JUNE PEER SUPPORT GROUP MEETING, WEDNESDAY, JUNE 28, 2017

Rebecca Shepherd-Smith, a registered dietician and personal chef will be our June Peer Support guest speaker. Rebecca will be working with BCB to begin discussions on health and nutrition. RSVP at 859-259-1834 by June 26th.

NUTRITION DISCUSSION GROUP

Rebecca Shepherd-Smith, our June Peer Support speaker, will be offering small group discussions on the topic of diet and lifestyle including nutrition consultation and advice on meal planning. These discussions will be held at the BCB office. We do not yet have a start date but the groups will likely be held on Thursdays. Susan Ament will be coordinating this activity and needs to know if there is sufficient interest. For information call Susan at 859-259-1834.

PEER SUPPORT GROUP MEETINGS ARE THE 4TH WEDNESDAY OF THE MONTH EXCEPT NOVEMBER AND DECEMBER.

Wheels passes will be available for reimbursement to and from BCB events. Please see the instructions below for Wheels passes.

INSTRUCTIONS FOR REIMBURSEMENT FOR WHEELS PASSES

1. When you RSVP for an event, please state how many passes you will need.
2. Please get your Wheels passes upon arrival at BCB events and outings.
3. When attending outings, you will need to pay for your ride when boarding Wheels and we will provide reimbursement passes to you at the event.

As a courtesy to the BCB staff, we respectfully ask that you schedule your Wheels rides or other transportation as close to the beginning and ending times of your appointment or BCB event. This allows the staff enough time to get their work done with minimum interruptions. Thank you.

ITEMS NEEDED FOR PEER SUPPORT: PAPER TOWELS, TRASH BAGS.
ITEMS NEEDED FOR AT: NEW POTS & PANS FOR COOKING CLASSES,
PHONES & TABLETS. ALL DONATED ITEMS ARE TAX DEDUCTIBLE!

THANK YOU FOR YOUR KINDNESS AND GENEROSITY!!!

JUNE BIRTHDAYS:

Patsy Rose – June 2

Ada Hall – June 7th

Joan Bostrom – June 8th

Olive Christmyer – June 12th

Gail Klement – June 12th

Carla Ruschival – June 17th

Yvonne Helm – June 18th

Jeff Spoon – June 19th

Lawana Taylor – June 20th

Shawn Childers – June 24th

Fred Ament – June 25th

Cindy Foster – June 28th

George Mills – June 30th



AT LENDING SMOKE-FREE ENVIRONMENT POLICY

There are several great technology items for demonstration and lending at BCB. Due to insuring the protection of BCB technology items, we will only be able to loan items to smoke-free environments, however there are items for distribution that you can keep. For more information, call Sam Seavey at 859-259-1834.

ITEMS FOR DISTRIBUTION

The BCB Assistive Technology Access Center (ATAC) has some extra cassette and CD players for distribution. We also have iPhone 4 and 5 cases for distribution. If you are interested in these or other items, call 859-259-1834.

BOOK OF THE MONTH

Book of the Month suggested by BCB staff member, Cindy Foster

A Place to Call Home [sound recording] by Deborah Smith (fiction and romance)

Book Number: DB 45772, Access: Downloadable talking book.

Location: <http://hdl.loc.gov/loc.nls/db.45772>

Book Number: RC 45772 (Cassette) Narrated by Annie Wauters.

As a child in the mountains of Georgia, Claire Maloney developed a special friendship with an older, motherless boy from an outcast family. Twenty years later Claire returns home to heal from injuries suffered on her job as a reporter investigating domestic violence. She finds that her old friend still loves her. Some strong language and some violence.

Disclaimer: The book recommendations and opinions from staff and others do not reflect the opinions of Bluegrass Council of the Blind, Inc.

If you have an audio book recommendation from Kentucky Talking Books Library, please let us know.

LYFT – A RIDE WHENEVER YOU NEED IT (www.lyft.com)

Service Animal Policy: When it comes to transporting riders with service animals, drivers on the Lyft platform should remember one thing: Always Say Yes. That's because drivers must comply with applicable laws and Lyft's Service Animal Policy. The law and Lyft's Service Animal Policy state that drivers may not deny service or otherwise discriminate against passengers with service animals. This means that drivers must transport a rider with a service animal regardless of whether a driver is allergic or afraid of these animals, or has a religious or cultural objection to them.

A service animal is an animal, usually a dog, that is trained to perform tasks for an individual with a disability, like blindness or deafness. Service animals are not required to wear a tag or vest or be registered. Riders with service animals do not need to display any kind of proof that their animal is a service animal. In other words, if a rider with a dog says it is a service animal, the driver should transport the rider. Lyft strives to ensure that people who need rides most are able to get them. Refusing service to riders with service animals may result in the immediate removal of the driver from the Lyft platform. If a driver has a question or concern about the policy, or would like to report a rider who they suspect is abusing the policy, they should call the Service Animal Hotline after they transport the rider and their service animal to their desired destination at 1-844-250-3174. For more information: <https://help.lyft.com/hc/en-us/articles/214589657-Service-Animal-Policy>.

JUNE CALENDAR:

Thursday, June 15, 2017 from noon – 2:00 pm June Membership Meeting at BCB, 1093 S. Broadway, Suite 1214, Lexington.

Monday, June 19, 2017 from 6:45 – 8:15 pm – Community Outing at the Lyric Theatre, 300 East Third Street, Lexington.

Wednesday, June 28, 2017 from noon – 2:00 pm – Peer Support Meeting at BCB, 1093 S. Broadway, Suite 1214, Lexington.

NEWSLETTER INFORMATION

Beginning in July, we will be sending the Newsletter on the 15th of the month only. On the 1st of each month we will send a Calendar of Events to keep you updated with what is going on at BCB.

Please RSVP at least two days prior to BCB events and meetings. Wheels passes are available for reimbursement for attendees using Wheels transportation to attend BCB events or access BCB services.

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**FREE MATTER FOR
THE BLIND AND
HANDICAPPED**

**«Name»
«Address»
«City», «State» «Zip»**